

Fast & Be Clear

Provides high levels of vitamins and minerals and bioactive food components for broad-spectrum nutritional support.* Formulated as hypoallergenically as possible to support detoxification.*

Suggested Use

As a dietary supplement, 1 or 2 scoops daily, or as directed by a healthcare professional. Mix in 8 oz of liquid

Variations in product color may occur. Keep in a cool, dry place, tightly capped. Product is sold by weight not by volume. Some settling may occur.

***This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**



Formulated exclusively for
Allergy Research Group®
Alameda, CA, 94502
www.allergyresearchgroup.com
Phone: 510.263.2000



Fast & Be Clear



dietary supplement
900 grams (31.7 oz)

Supplement Facts

Serving Size 2 Scoops (40 g)
Servings Per Container 22

Amount Per Serving	Amount Per Serving	% Daily Value	Amount Per Serving	% Daily Value
Calories 150	Thiamine (as Thiamine Hydrochloride) 15 mg	1000%	Molybdenum (as Sodium Molybdate) 50 mcg	67%
Calories from Fat 15	Riboflavin (as Riboflavin-5-Phosphate) 10 mg	588%	Potassium (as Potassium Iodide and Potassium Phosphate) 120 mg	3%
	Niacin (as Niacinamide) 15 mg	75%		
	Vitamin B6 (as Pyridoxine Hydrochloride) 15 mg	750%	Boron (as Sodium Borate) 250 mcg	†
	Folate (as Folic Acid) 100 mcg	25%	N-Acetyl-L-Cysteine 50 mg	†
	Vitamin B12 (as Methylcobalamin) 50 mcg	833%	L-Glutathione (reduced) 50 mg	†
	Biotin 150 mcg	50%	Glycine 1800 mg	†
	Pantothenic Acid (Calcium Pantothenate) 200 mg	2000%	Taurine 200 mg	†
	Phosphorus (as Calcium Phosphate and Potassium Phosphate) 120 mg	12%	L-Glutamine 1000 mg	†
	Iodine (as Potassium Iodide) 8 mcg	5%	Alpha-Lipoic Acid 20 mg	†
	Magnesium (as Magnesium Citrate) 200 mg	50%	MSM (Methylsulfonylmethane) 100 mg	†
	Zinc (as Zinc Picolinate) 10 mg	67%	Quercetin 100 mg	†
	Selenium (as Selenomethionine) 40 mcg	57%	Green Tea Extract (standardized to 40% Catechins) 25 mg	†
	Copper (as Copper Gluconate) 1 mg	50%	Grape Seed & Skin Extract (standardized to 95% Polyphenols) 25 mg	†
	Manganese (as Manganese Gluconate) 1.3 mg	65%	Lactobacillus sporogenes (15 billion cfu/g) 20 mg	†
	Chromium (as Chromium Picolinate) 80 mcg	67%		
Vitamin D3 (as Cholecalciferol) 130 IU		33%		
Vitamin E (as Mixed Tocopherols) 100 IU		333%		

* Percent Daily Values are based on a 2,000 calorie diet. † Daily Value not established.

Other ingredients: Rice protein concentrate, rice bran, rice syrup solids, microcrystalline cellulose, rice bran oil, natural cherry flavor.

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