

# ADULT COMPLETE MULTI + OMEGA 3 + VITAMIN D

# SMARTY PANTS®

NON  
GMO

## OUR DELICIOUS GUMMIES INCLUDE:

- A FULL MULTIVITAMIN
- ECO-FRIENDLY OMEGA 3s
- VITAMINS D3 & B12

**6 GUMMIES**  
**1 DAY SUPPLY**



**vitamin angels®**  
PROUD SUPPORTER



Excellent source of Vitamin C, D, E, B6, B12 and folic acid • No high fructose corn syrup, artificial colors, flavors or preservatives • Gluten and casein-free • Made in California in a GMP-certified facility • Third party lab tested

[SmartyPantsVitamins.com](http://SmartyPantsVitamins.com)

**Dietary Supplement**

### Get Health, Give Health:

Every time you buy SmartyPants®, we make a matching 1-for-1 nutrient grant to a child most in need through our partnership with Vitamin Angels.



PH4J26A

Directions: For adults, take six (6) gummies daily.  
May be taken with or without food.

## Supplement Facts

Serving Size: 6 Gummies (1 packet)

|                                                      | Amount Per 6 Gummy Serving | % Daily Value |
|------------------------------------------------------|----------------------------|---------------|
| Calories                                             | 50                         |               |
| Cholesterol                                          | < 5 mg                     | < 1%          |
| Total Carbohydrate                                   | 12 g                       | 4%†           |
| Sugars                                               | 9 g                        | **            |
| Vitamin A (as retinyl palmitate)                     | 1660 IU                    | 33%           |
| Vitamin C (as ascorbic acid)                         | 60 mg                      | 100%          |
| Vitamin D (Vitamin D-3 as cholecalciferol)           | 900 IU                     | 225%          |
| Vitamin E (as d-alpha-tocopherol from sunflower oil) | 30 IU                      | 100%          |
| Thiamin (Vitamin B-1 as thiamine mononitrate)        | 0.08 mg                    | 5%            |
| Vitamin B-6 (as pyridoxine HCl)                      | 2 mg                       | 100%          |
| Folic acid                                           | 400 mcg                    | 100%          |
| Vitamin B-12 (as methylcobalamin)                    | 100 mcg                    | 1667%         |
| Iodine (as potassium iodide)                         | 150 mcg                    | 100%          |
| Zinc (as zinc citrate)                               | 6.5 mg                     | 43%           |
| Sodium                                               | 25 mg                      | 1%            |
| Fish Oil (from anchovy and sardine)                  | 455 mg                     | **            |
| EPA (Eicosapentaenoic Acid)                          | 77 mg                      |               |
| DHA (Docosahexaenoic Acid)                           | 64 mg                      |               |
| Total Omega-3 Fatty Acids                            | 174 mg                     |               |
| Choline (as choline citrate)                         | 18 mg                      | **            |
| Inositol                                             | 30 mcg                     | **            |

† Percent Daily Value based on a 2,000 calorie diet.

\*\* Daily Value not established.

**Other Ingredients:** Organic Sugar, Organic Tapioca Syrup, Gelatin, Pectin, Citric Acid, Natural Flavors (Orange, Lemon, Strawberry-Banana), Colors Added (Organic Black Carrot Juice Concentrate, Annatto, Organic Turmeric) and Calcium D-pantothenate.

**Contains Fish.** Sustainable Essential Omega 3 Oils are derived from these sources.

Take only as directed. Do not exceed recommended dosage.

If you have a medical condition, are on medication, or are pregnant or nursing, please consult a physician before using. Store in cool, dry area out of reach of children. Natural colors will darken over time—this does not affect the potency of the product. Do not use if safety seal is broken.

[WWW.SMARTYPANTSVITAMINS.COM](http://WWW.SMARTYPANTSVITAMINS.COM)

FOR CUSTOMER SUPPORT: 1-888-751-2291

[CUSTOMERSERVICE@SMARTYPANTSCORP.COM](mailto:CUSTOMERSERVICE@SMARTYPANTSCORP.COM)

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