## Phosphatidyl Choline

Phosphatidylcholine, a primary component of lecithin.

## Suggested Use

As a dietary supplement, 1 to 4 softgels two or three times daily with meals, or as directed by a healthcare practitioner.

Variations in product color may occur. Keep in a cool, dry place, tightly capped.

**Contains:** 44mg (2.7%) alcohol content per softgel.

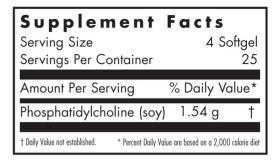


## Phosphatidyl Choline



dietary supplement

100 softgels



Other ingredients: Gelatin, vegetable glycerin, purified water, other phospholipids, ethyl alcohol (2.7%)

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