SUGGESTED USE

Oregon Health

As a dietary supplement, take 3 to 6 capsules daily or as directed by a health professional.

Some research indicates that Calcium Bis-Glycinate is the most absorbable form of Calcium. Tests show that this form of Calcium is 205 times more soluble than Calcium Citrate. In human studies. Calcium Bis-Glycinate was shown to be 1.8 times (180%) more absorbable than Calcium Citrate and 21% hetter than Calcium Citrate Malate.**

**These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

Manufactured/Distributed in U.S.A. bv: Oregon Health, Inc. . Phoenix, AZ 85027 1-800-218-6979 • 623-516-2182 • Fax 623-516-2285 www.oregon-health.com

Keep Out Of Reach Of Children . Store In A Cool Dry Place

CAL/MAG

Calcium Bis-Glycinate Magnesium Aspartate

A Dietary Supplement

Supplement Facts

Serving Size: 6 capsules Servings Per Container: 15

	Amount per Serving		%DV
	Calcium (as Calcium Bis-Glycinate)	1000 mg	100%
ì	Magnesium (as Magnesium Aspartate)	500 mg	100%
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Other Ingredients: Digeseb®Plus Delivery System* and Rice Flour in Gelatin Cansule

Does not contain any dairy, egg, sugar, corn, yeast, wheat, soy, plutens, artificial colors, flavors or preservatives.

*Digeseb®Plus is a proprietary blend of acid stable plant based enzymes supplying (Amylase, Protease I, Protease II, Lipase and Cellulase) for enhanced bioavailability Dipeseb®Plus is a registered trademark of Specialty Enzymes & Biochemicals.



90 CAPSULES