

**SUGGESTED USE:** Take 1 mL (about 30 drops) of extract in a small amount of warm water within 1 hour before bedtime. Shake well before using. Use only as directed on label.

**CONTAINS NO** sugar, starch, artificial colors, flavors, preservatives, corn, soy, yeast, wheat, grain, gluten, egg, or milk products.

We use rigorous selection and cultivation practices that guarantee the highest quality therapeutic extracts.



WE GUARANTEE OUR SUPPLEMENTS  
FOR POTENCY AND PURITY

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Ultimate Organics™  
**VALERIAN  
ROOT**

Promote Rest and Relaxation†

Dietary Supplement

NET WT. 1 FLUID OZ. / 30 mL



This product is certified organic by  
Quality Assurance International (QAI).



**Supplement Facts**

Serving Size 1 mL (about 30 drops)

Supplement Container 30

Amount Per Serving

Organic Valerian root  
(*Valeriana officinalis*)

|                   |             |
|-------------------|-------------|
| ACTIVITY PER DOSE | mg Activity |
| Valeranic acids   | 0.3 mg*     |

\* Daily Value not established.

Other Ingredients: Organic grain alcohol  
USP (50-60%), spring water.

CERTIFIED ORGANIC BY OREGON TILTH

Pregnant or lactating women should  
consult their health care professional  
before using this product.

KEEP OUT OF REACH OF CHILDREN.

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