

Lutein 20 mg

Lutein is a carotenoid. In the body, lutein is found in the brain, breast, cervix, and eye.

Suggested Use

As a dietary supplement, 1 softgel daily with a meal, or as directed by a healthcare practitioner.
Keep in a cool, dry place, tightly capped.



Lutein 20 mg



dietary supplement
60 softgels

Supplement Facts		
Serving Size	1 Softgel	
Servings Per Container	60	
Amount Per Serving	% Daily Value*	
Vitamin E (as Mixed Tocopherols)	1 IU	3%
Lutein	20 mg	†
Zeaxanthin	1 mg	†
† Daily Value not established		
* Percent Daily Value are based on a 2,000 calorie diet		

Other ingredients: Safflower oil, gelatin, glycerin, purified water, yellow beeswax.

Formulated exclusively for Allergy Research Group®
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