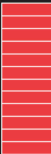


# 12:1:1 RATIO LEUCINE LOADED

## Leucine



**12:1:1**

**The Most Powerful  
Muscle Building BCAA  
Ratio In The World.**

**6.2g of Leucine: The  
clinically studied dose  
in every scoop!**

Isoleucine

Valine

## The 3 BCAAs (Branched-Chain Amino Acids)

**LEUCINE**  
*The Muscle Building Phenom*  
Leucine is by far the most powerful of the 3 BCAAs as it cannot convert to energy. This muscle building superstar is strictly ketogenic, so it is used to trigger muscle protein synthesis (growth).\*

**ISOLEUCINE**  
*Essential Amino Acid*  
Isoleucine while essential, is both glucogenic and ketogenic, and can be converted to glucose for energy during your workout.\*

**VALINE**  
*Essential Amino Acid*  
Valine while essential, is strictly glucogenic and can also be converted to glucose for energy during your workout.\*

**GLUTAMINE**  
*Clinical Dose 2.5g to 5g*  
Glutamine makes up approximately 60% of muscle tissue. It has been shown to act as a powerful muscle cell volumizer, stimulate protein synthesis and decrease muscle protein loss.\*

\*\*\***Informed-Choice** is a quality assurance program for sports nutrition products. The program certifies that all nutritional supplements that bear the Informed-Choice logo have been tested for banned substances by the world class sports anti-doping lab, LGC.

[www.innerarmour.com](http://www.innerarmour.com)

**NEW  
INSTANTIZED  
FORMULA**

**30  
SERVINGS**

**6.2g  
LEUCINE**

**2.5g  
GLUTAMINE**

**NO FILLERS**

**NO DYES**

**GLUTEN FREE**

**BANNED  
SUBSTANCE  
FREE**

**INFORMED-CHOICE**  
Trusted by sport

**inner  
ARMOUR**  
SPORTS NUTRITION

**BCAA**

**LEUCINE LOADED**

**12:1:1**

**PEAK™**

# 12:1:1 RATIO LEUCINE LOADED

## Supplement Facts

**Serving Size:** 1 scoop (11.8g) 2 scoops (23.6g)  
**Servings Per Container:** 30 Servings 15 Servings

|                               | Amount Per Serving | %DV | Amount Per Serving | %DV |
|-------------------------------|--------------------|-----|--------------------|-----|
| Calcium (as Calcium Silicate) | 47mg               | 5%  | 94mg               | 9%  |
| <b>BCAA Peak 12:1:1</b>       |                    |     |                    |     |
| L-Leucine                     | 6.2g               | †   | 12.4g              | †   |
| L-Isoleucine                  | 500mg              | †   | 1000mg             | †   |
| L-Valine                      | 500mg              | †   | 1000mg             | †   |
| L-Glutamine                   | 2.5g               | †   | 5g                 | †   |

\*Percent Daily Values are based on a 2,000 calorie diet.

†Daily Value not established.

**Other Ingredients:** Citric Acid, Natural & Artificial Flavors, Sucralose, Silicon Dioxide, Acesulfame Potassium

**ALLERGEN INFORMATION:** Produced in a facility that also processes milk, tree nuts, peanuts, eggs, soy, shellfish, fish, and wheat.

CONSULT YOUR HEALTHCARE PROFESSIONAL PRIOR TO USE IF YOU HAVE OR SUSPECT A MEDICAL CONDITION, ARE TAKING PRESCRIPTION DRUGS, OR ARE PREGNANT, OR LACTATING.

**Suggested Use:** As a dietary supplement, mix 1 scoop with 16 oz of water and consume before, during and/or after training. BCAA Peak™ is best taken in one of two ways: 1. As a pre/intra workout drink mix. 2. Immediately after exercise and before your post workout shake (Nitro-Peak™ or Mass-Peak™). Additional servings may be used to meet your daily amino acid requirements.

Manufactured for  
and Distributed by  
Inner Armour® Sports Nutrition  
83 White Oak Dr.  
Berlin, CT 06037  
860-656-7720

Manufactured in a  
**GMP**  
certified facility.

Protect from heat, light and moisture.

Do not purchase if seal is broken.

Keep out of reach of children.

Store at 15-30°C (59-86°F).

DIETARY SUPPLEMENT  
NET WT. 354g (12.5oz.)

**FRUIT PUNCH**  
Naturally & Artificially Flavored

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

IA BLK BCAA FP 30 2/15 MJ V2.8  
printer will regenerate UPG



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