

 *Health through the power of nature,
that's what it means to Trust the Leaf.®*

Fo-Ti (*Polygonum multiflorum*) is considered one of China's four great herbs, where it is known as He Shou Wu and often used on an alternating basis with Ginseng. Our Fo-Ti is carefully tested and produced to superior quality standards.

Keep out of reach of children. Safety sealed with printed outer shrinkwrap and inner seal. Do not use if either is broken or missing.

GLUTEN FREE. No sugar, salt, yeast, wheat, corn, soy, dairy products, artificial colors, flavors or preservatives.

 **VEGETARIAN**

◆ LN12900.B02 BLK8220B



Fo-Ti

Root



100 Vegetarian Capsules / 610 mg

DIETARY SUPPLEMENT

Recommendation: Take 2 capsules daily. If pregnant, nursing or taking any medications, consult a healthcare professional before use.

Supplement Facts

Serving Size 2 Capsules / Servings per Container 50

Amount Per Serving	% DV
Fo-Ti (root)	1.22 g **

**Daily Value (DV) not established.

Other ingredients: plant-derived capsule (modified cellulose), magnesium stearate

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Questions? 1-800-9NATURE / naturesway.com

