Before The Flow™ soothes and supports a woman's body before her menstrual cycle. When used regularly, this supplement reduces stress and frustration and heightens a woman's sense of well being.\*

Intake Instructions: Shake Well. 36 - 72 drops (appx 1 - 2 droppers full) 2 times a day in water, juice or tea. Before The Flow™ should be taken 7 days before your menstrual cycle begins, continuing use until day 2 or 3 of your cycle. For optimal results, use for 3 cycles in combination with After The Flow™.

If pregnant or nursing, consult a health care professional. Keep out of reach of children. Made with organic ingredients. BIORAY® uses the highest quality ingredients available.

> Manufactured for Bioray Inc Laguna Hills, CA (888) 635-9582 bioray.com

\*These statements have not been evaluated by the FDA and are not intended to treat, diagnose, cure, or prevent any disease.



Detox







## Supplement Facts: Serving Size...... 72 drops Servings per Container..... about 74

Amount per Serving...... 576 mg Proprietary Blend+: Poria (Sclerotium w/Wood), Dong Quai Root (Tang Kuei Body), Rehmannia Root (prepared), Bupleurum Root, Chinese Salvia Root, Cnidium Fruit, Lycium Fruit. Millettia Stem (Polygonum), Morus Fruit, Psoralea Fruit, Deer Antler, Ligustrum Fruit, Asiatic Dogwood Fruit (Comus), Codonopsis Root, Dioscorea Root, Atractylodes Root, Astragalus Root, Dong Quai Root (Tang Kuei Tails), Root, Cyprus Root, Rehmannia Root, Gardenia Fruit, Tree Peony Root Bark, Uncaria rhynchophylla Stem, Loranthus Herb, Fo-Ti Root (Polygonum).

+(DV) Daily Value not established.

Other Ingredients: Deionized water and gluten free grain alcohol (20% by volume) as part of extraction





Net Wt. 4 FL Oz (118ml)