

Health & longevity through the healing power of nature—that's what it means to Trust the Leaf.®



Change-O-Life® is a popular blend of seven herbs for supporting women's health.*

Caution: Do not use this product if pregnant or nursing, if you have high blood pressure, cardiovascular disease, have a blood clotting disorder, or are taking blood thinning medication. Discontinue use and consult a healthcare professional if you have a liver disorder or develop symptoms of liver trouble, such as abdominal pain, dark urine, or jaundice. Persons with allergies to plants of the Asteraceae family (including ragweed) should use this product with caution. If you are taking any medications, consult a healthcare professional before use.

Keep out of reach of children. Safety sealed with printed outer shrinkwrap and inner seal. Do not use if either is broken or missing.

*This statement has not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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PREMIUM

Nature's
Way

FORMULA

Change-O-Life® Formula



**WOMEN'S
HEALTH***

180 Capsules / 7 Herb Blend

DIETARY SUPPLEMENT

Recommendation: Take 3 capsules twice daily, preferably with food.

Supplement Facts

Serving Size 3 Capsules / Servings Per Container 60

Amount Per Serving		% DV
Total Carbohydrate	<1 g	<1%†
Proprietary Blend	1.32 g	**
Black Cohosh (root)		
Sarsaparilla (root)		
Siberian Eleuthero (root)		
Licorice (root)		
Blessed Thistle (stem, leaf, flower)		
Dong Quai (root)		
Pomegranate (seed)		

†Percent Daily Values (DV) are based on a 2,000 calorie diet.

**Daily Value not established.

Other ingredients: gelatin (capsule), magnesium stearate

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Questions? 1-800-9NATURE / naturesway.com