

 *Health through the power of nature,
that's what it means to Trust the Leaf.®*

Blessed Thistle (*Cnicus benedictus*) root has been traditionally used to aid digestion.* Our Blessed Thistle is carefully tested and produced to superior quality standards.

Keep out of reach of children. Safety sealed with printed outer shrinkwrap and inner seal. Do not use if either is broken or missing.

GLUTEN FREE. No sugar, salt, yeast, wheat, corn, soy, dairy products, artificial colors, flavors or preservatives.

 **VEGETARIAN**

◆ LN10700.D02 BLK8131D



*THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FOOD & DRUG ADMINISTRATION.
THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.



Blessed Thistle



100 Vegetarian Capsules / 390 mg

DIETARY SUPPLEMENT

Recommendation: Take 2 capsules three times daily. If pregnant, nursing or taking any medications, consult a healthcare professional before use. Persons with allergies to plants of the *Asteraceae* family (including ragweed) should use this product with caution.

Supplement Facts

Serving Size 2 Capsules / Servings per Container 50

Amount Per Serving		% DV
Total Carbohydrate	<1 g	<1%†
Organic Blessed Thistle (stem, leaf, flower)	780 mg	**

†Percent Daily Values (DV) are based on a 2,000 calorie diet. **Daily Value not established.

Other ingredients: plant-derived capsule (modified cellulose)

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Questions? 1-800-9NATURE / naturesway.com

