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Store away from heat & light

Keep Out of the Reach of Children

Add 1 full squeeze of the dropper bulb to 2 oz. of water or juice, 1 hour before bed and again at bedtime. May be taken up to 4 times per day for general relaxation.* Best taken between meals.

019

SUGGESTED USE

SHAKE WELL BEFORE USING

RELAXING SLEEP™

NERVOUS SYSTEM

Calming & Relaxing*



HERBAL SUPPLEMENT

4 fluid ounces (120 ml)

Relaxing Sleep™

Promotes Relaxation & Restful Sleep*

Supplement Facts

Serving Size: 0.7 ml

Servings: about 168

Amount Per Serving

% DV

Proprietary extract blend: 637 mgⓄ

†

Valerian rhizome with root (*Valeriana officinalis*)ⓄⓄⓄ Passionflower
flowering herb (*Passiflora incarnata*)Ⓞ Hops strobile (*Humulus lupulus*)Ⓞ
Chamomile flower (*Matricaria recutita*)ⓄⓄ Catnip leaf & flowering top
(*Nepeta cataria*)ⓄⓄ

† Daily Value (DV) not established

Other Ingredients: certified organic cane alcohol (59-69%), distilled water & vegetable glycerin.

Non-GMO & Gluten-Free

- Ⓞ Certified Organic Ⓞ Fresh (undried)
Ⓞ Extraction rate 317 mg fresh herb & 56 mg dry herb per 0.7 ml.

All of the herbs in this formula are individually extracted to ensure a broad spectrum of therapeutic plant compounds.

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*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FDA. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.