



Calcigard® Two-To-One Plus Vitamin D



amni® original formula
A Dietary Supplement



**Douglas
Laboratories® 90 Tablets**

Supplement Facts

Serving Size 1 tablet • Servings Per Container 90

Amount Per Serving		%DV
Vitamin D3 (from cholecalciferol)	30 IU	8%
Calcium (as calcium citrate)	150 mg	15%
Magnesium (as magnesium amino acid chelate)	75 mg	19%

Other ingredients: L-glutamic acid, cellulose, stearic acid, silica and magnesium stearate.

Manufactured in the USA by:
Douglas Laboratories
600 Boyce Road
Pittsburgh, PA 15205 USA
www.douglaslabs.com

Calcigard® Two-To-One is a specially acidified, rapidly dissolving formula designed to improve absorption and bioavailability of calcium and magnesium. Tablets may be swallowed or dissolved in water or other suitable liquid.

Suggested Use:

As a dietary supplement, adults take 1 to 8 tablets daily or as directed by your healthcare professional.

KEEP OUT OF REACH OF CHILDREN.

For optimal storage conditions, store in a cool, dry place. (59°-77°F/15°-25°C) (35-65% relative humidity) Tamper resistant package, do not use if outer seal is missing.



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