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Keep Out of the Reach of Children
Store away from heat & light

Add 1 full squeeze of the dropper bulb
to 2 oz. of water or juice, 2 to 5 times
per day. Best taken between meals.

SHAKE WELL BEFORE USING

SUGGESTED USE

OAT SEED

NERVOUS SYSTEM

Restore & Tone*



HERBAL SUPPLEMENT

4 fluid ounces (120 ml)

Oat Seed Liquid Extract

Supplement Facts

Serving Size: 0.7 ml

Servings: about 168

Amount Per Serving

% DV

Oat "milky" seed

†

(*Avena sativa*) ①② extract 647 mg ③

† Daily Value (DV) not established

Other Ingredients: certified organic cane alcohol
(48-58%) & distilled water. **Non-GMO & Gluten-Free**

① Certified Organic

② Fresh (undried)

③ Extraction rate 350 mg fresh herb per 0.7 ml.

Fresh herb / menstruum ratio: 1 : 2

We prepare our Oat Seed Extract from the fresh (undried)
seed of *Avena sativa* which is **certified organically
grown** on our own farm.

HERB PHARM • WILLIAMS, OR 97544

800-348-4372 • www.herb-pharm.com

Certified organic by Organic Certifiers

*THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FDA. THIS PRODUCT
IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.