



SUGGESTED USE

SHAKE WELL BEFORE USING

Add 1 full squeeze of the dropper bulb to 2 oz. of water or juice, 2 to 5 times per day. Best taken between meals.

Keep Out of the Reach of Children

Store away from heat & light

OAT SEED

NERVOUS SYSTEM

Restore & Tone*



HERBAL SUPPLEMENT



1 fluid ounce (30 ml)

Oat Seed Liquid Extract

Supplement Facts

Serving Size: 0.7 ml

Servings: about 42

Amount Per Serving	% DV
Oat "milky" seed (Avena sativa) ①② extract 647 mg ③	†

† Daily Value (DV) not established

Other Ingredients: certified organic cane alcohol (48-58%) & distilled water. **Non-GMO & Gluten-Free**

- ① Certified Organic ② Fresh (undried)
③ Equivalent to approx. 350 mg fresh herb.

Fresh herb / menstruum ratio: 1 : 2

HERB PHARM • WILLIAMS, OR 97544
800-348-4372 • www.herb-pharm.com
Certified organic by Organic Certifiers

*THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FDA. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.