

**We go the extra 8,000 miles for the highest quality Kava.**

Our Kava root grows in the rich, volcanic soil of the Vanuatu Islands in the South Pacific, and is considered the best Kava in the world. Unlike commercially cultivated Kava, which is plantation-grown with agricultural chemicals, our Kava roots are grown according to ancient tradition in chemical-free village gardens which we have visited in-person and approved. Our roots are indeed organically grown, but cannot be officially "certified" as such because of the extreme remoteness of the villages.

We boycott all wild-harvested Kava. Wild-growing varieties of Kava are very scarce, and because of senseless harvesting are in danger of extinction. This is why we use only sustainably cultivated Kava to make our extract.

Herb Pharm's Kava is prepared from the whole rhizome with root (never peel, stem or leaf) of 4 to 8 year-old *Piper methysticum* plants, and is extracted using only pharmaceutical-grade alcohol (never industrial solvents).

Our liquid extract allows the user to fully experience the aroma and flavor of Kava, and assures optimal absorption and assimilation of Kava constituents by the body. This allows prompt experience of Kava's relaxing, stress-reducing properties.\*

Label Patent #7,601,410

### Kava Liquid Extract

**Cautions:** FDA advises that a potential risk of rare, but severe, liver injury may be associated with Kava. Ask a healthcare professional before use if you have, or have had, liver problems, frequently use alcoholic beverages, or are taking any medication. Stop use and see a doctor if liver symptoms occur (unusual fatigue, abdominal pain, appetite loss, dark urine, pale stools, yellow eyes or skin). Not for use by persons under 18 years of age, or by pregnant or breastfeeding women. Do not take with alcoholic beverages. Excessive use may briefly impair ability to drive, or operate machinery.

Do not use if seal is broken or missing.

Keep bottle tightly closed and store away from heat & light.

Also Available from Herb Pharm:

### KAVA

#### Vegetarian Capsules

A concentrated, broad-spectrum extract of Kava roots in animal-free, cellulose capsules.

**Kava Liquid Extract**  
Promotes Peaceful Relaxation  
Reduces Stress & Frustration\*

## Supplement Facts

|                                                                       |                    |
|-----------------------------------------------------------------------|--------------------|
| Serving Size: 0.7 ml                                                  | Servings: about 42 |
| Amount Per Serving                                                    | % DV               |
| Kava rhizome with root<br>( <i>Piper methysticum</i> ) extract 580 mg | †                  |
| † Daily Value (DV) not established                                    |                    |

Other Ingredients: certified organic cane alcohol (83-93%). **Non-GMO & Gluten-Free**

② Purity Verified

③ Equivalent to approx. 700 mg of herb.

Dry herb / menstruum ratio: 1 : 1

**HERB PHARM • WILLIAMS, OR 97544**

**800-348-4372 • [www.herb-pharm.com](http://www.herb-pharm.com)**

\*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FDA. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.

rhizome with root

# KAVA

## NERVOUS SYSTEM

Calming & Stabilizing\*

**HERB PHARM**

HERBAL SUPPLEMENT

020

1 fluid ounce (30 ml)

### SUGGESTED USE

SHAKE WELL BEFORE USING  
Add 1 full squeeze of the dropper  
bub to 2 oz. of water or juice,  
2 to 5 times per day.

Best taken between meals.

Peel back label for important cautionary  
statements & more information.  
**Keep Out of the Reach of Children**

Store away from heat & light

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90700 00080  
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PEEL HERE

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