



SUGGESTED USE
SHAKE WELL BEFORE USING
Add 1 full squeeze of the dropper bulb
to 2 oz. of water or juice, 2 to 4 times
per day. Best taken between meals.
*Caution: Seek expert medical advice
before taking during pregnancy.*
Keep Out of the Reach of Children
Store away from heat & light

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BLUE COHOSH

OPTIMAL WELL-BEING *



HERB  PHARM®

HERBAL SUPPLEMENT

1 fluid ounce (30 ml)

Blue Cohosh Liquid Extract

Supplement Facts

Serving Size: 0.7 ml

Servings: about 42

Amount Per Serving	% DV
Blue Cohosh rhizome with rootlet (<i>Caulophyllum thalictroides</i>) Ⓢ extract 624 mg Ⓢ	†

† Daily Value (DV) not established

Other Ingredients: certified organic cane alcohol (66-76%) & distilled water. Non-GMO & Gluten-Free

- Ⓢ Certified Organic
- Ⓢ Extraction rate 140 mg herb per 0.7 ml.

Dry herb / menstruum ratio: 1 : 5

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800-348-4372 • www.herb-pharm.com
Certified organic by Organic Certifiers

*THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FDA. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.