



013

SUGGESTED USE
SHAKE WELL BEFORE USING
Add 1 full squeeze of the dropper bulb
to 2 oz. of water or juice, 2 to 4 times
per day. Best taken between meals.
*Caution: Seek expert medical advice
before taking during pregnancy.*
Keep Out of the Reach of Children
Store away from heat & light

BLACK COHOSH

SYSTEM RESTORATION**Reproductive***

HERBAL SUPPLEMENT

1 fluid ounce (30 ml)

Black Cohosh Liquid Extract

Supplement Facts

Serving Size: 0.7 ml

Servings: about 42

Amount Per Serving	% DV
Black Cohosh rhizome w/rootlet (<i>Actaea racemosa</i>) [Ⓢ] extract 590 mg [Ⓢ]	†
† Daily Value (DV) not established	

Other Ingredients: certified organic cane alcohol
(81-91%) & distilled water. **Non-GMO & Gluten-Free**

Ⓢ Certified Organic

Ⓢ Equivalent to approximately 140 mg of herb.

Dry herb / menstruum ratio: 1 : 5

Prepared from the rhizome with rootlet of *Actaea
racemosa* plants which are **certified organically**
grown on our own farm or in eastern Kentucky.

HERB PHARM • WILLIAMS, OR 97544

800-348-4372 • www.herb-pharm.com

Certified organic by Organic Certifiers

*THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FDA. THIS PRODUCT
IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.