

Valerian (*valeriana officinalis*) extract is a natural alternative promoting rest and relaxing sleep†. In combination with passion flower (*Passiflora*) extract with buffering magnesium Val-Rest™ calms sensitive nerves, relaxes and is useful with anticonvulsive therapy.† Non-habit forming Val-Rest™ is a natural, anxiolytic alternative for healthy rest.† We use our Advanced Herbal Delivery System® to make out potent extracts quickly digestible and easier on the stomach so the active valerenic acids are quickly available to the nervous system. Our product conforms to mode of administration as established by the German Commission E monograph and contains valerian root and passion flower extracts of the highest grades.

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

**WE GUARANTEE OUR SUPPLEMENTS  
FOR POTENCY AND PURITY**

**AVAILABLE ONLY FROM HEALTH CARE PROFESSIONALS**

**ANABOLIC  
LABORATORIES**



**Professional  
Formula**

Advanced Herbal Delivery System®

**VAL-REST™**  
**With Passion Flower 125 mg**

Dietary Supplement  
Promotes Rest and Relaxation†

**100 VEGETARIAN  
TABLETS**

  
www.anaboliclabs.com

Manufactured by Anabolic Laboratories, LLC  
1835 E Cheyenne Road Colorado Springs, CO 80905

**DIRECTIONS:** Take one tablet daily with 8 oz. warm water, one hour before bedtime or as directed by your doctor.

## Supplement Facts

Serving Size 1 Tablet  
Servings Per Container 100

| Amount Per Tablet                   | % Daily Value |    |
|-------------------------------------|---------------|----|
| <b>Magnesium</b>                    |               |    |
| (as magnesium carbonate)            | 18 mg         | 5% |
| <b>Passion Flower Extract (4:1)</b> | 30 mg         | *  |
| <b>Valerian Root Extract (4:1)</b>  | 125 mg        | *  |

\* Daily Value not established.

**OTHER INGREDIENTS:** Cellulose, glycerin, calcium stearate (vegetable source).

Pregnant or lactating women should consult their health care professional before using this product.

**KEEP OUT OF THE REACH OF CHILDREN**

150-100K

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