

SUGGESTED USE: Take one tablet daily with food.

CONTAINS NO artificial colors, flavors or preservatives; no wheat, gluten, milk, eggs, peanuts, tree nuts, soy, crustacean shellfish or fish. Suitable for vegans.

Vitamin C is considered a "staple" in any supplement routine. Its powerful antioxidant properties, ability to promote healthy skin, and support of the immune system, help maintain overall health.†

The buffering action of calcium ascorbate in our **Buffered C** lowers acidity offering better tolerance for those sensitive to gastric irritation. It also incorporates an advanced manufacturing technique which allows nutrients to be released slowly (over approximately 2-4 hours) promoting optimal assimilation.†

**WE GUARANTEE OUR SUPPLEMENTS
FOR POTENCY AND PURITY**

To report a serious adverse event, call 1-888-710-0008

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Prolonged Release
BUFFERED 
1,000 mg
Plus Minerals
Gently Provides Antioxidant Support†
Dietary Supplement
50 VEGETARIAN TABLETS



Supplement Facts

Serving Size 1 Tablet Servings Per Container 50

Amount Per Serving	%Daily Value	
Vitamin C (as ascorbic acid, calcium ascorbate)	1,000 mg	1667%
Calcium (as calcium ascorbate)	40 mg	4%
Magnesium (as magnesium hydroxide, aspartate)	40 mg	10%
Zinc (from zinc oxide)	2 mg	13%
Manganese (as manganous carbonate)	0.1 mg	5%
Potassium (as potassium citrate, aspartate)	30 mg	<1%
Bioflavonoid Complex (from lemon)	50 mg	*

*Daily Value not established.

Other Ingredients: Modified cellulose, stearic acid (vegetable source), cellulose, silica, calcium stearate (vegetable source), glycerin.

KEEP OUT OF REACH OF CHILDREN. 330-50L



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