

The prostate is a small gland of the male reproductive system that often enlarges with age. Extensive research done on prostate issues and several nutrients shows a number of plants and micronutrients may play a role in preventing or delaying prostate-related problems in males. Our **Prostate Support Softgels** contain nutrients in amounts studied to specifically maintain men's health.[†]

Plant sterols (such as beta-sitosterol) and Pumpkin Seed Oil: May assist with vascular health which may improve blood flow.[†]

Lycopene, Vitamin E, Selenium and Zinc: Antioxidants which may play specific roles in prostate health.[†]

Soy and Green Tea: Nutrients studied that may affect cell activities in the prostate gland.[†]

Saw Palmetto, Pygeum and Nettle: Herbs containing naturally occurring phytosterols, used for centuries to benefit the prostate.[†]

Typical Fatty Acid Composition from Pumpkin Seed Oil

Alpha-Linolenic Acid (Omega-3)	6 mg
Linoleic Acid (Omega-6)	590 mg
Oleic Acid (Omega-9)	322 mg



Lyc-O-Mato® is a registered trademark of Lycored, Natural Product Industries, Ltd.

**WE GUARANTEE OUR SUPPLEMENTS
FOR POTENCY AND PURITY**

To report a serious adverse event, call 1-888-710-0006

[†] These statements have not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure, or prevent any disease.

MEN'S HEALTH
**PROSTATE SUPPORT
SOFTGELS**
with Phytosterols
Dietary Supplement
120 SOFTGELS



Supplement Facts

Serving Size 2 Softgels
Servings Per Container 60

Amount Per Serving	% Daily Value	
Calories 10		
Calories from fat 10		
Total Fat	1 g	1%**
Vitamin E (as d-alpha tocopherol)	30 IU	100%
Zinc (from zinc picolinate)	15 mg	100%
Selenium (from L-selenomethionine)	60 mcg	86%
Pumpkin Seed Oil (cold pressed)	1,200 mg	*
Saw Palmetto (Serenoa repens) (berry) Standardized to 85-95% fatty acids and sterols	300 mg	*
Nettle (Urtica dioica) (root)	150 mg	*
Pygeum bark extract (Prunus africana)	100 mg	*
Phytosterols (44 mg from beta-sitosterol)	100 mg	*
Green tea extract (Standardized to 95% polyphenols)	100 mg	*
Soy isoflavones (non-GMO)	50 mg	*
Lycopene (Lyc-O-Mato®)	5 mg	*

* Daily Value not established.

** Percent Daily Value is based on a 2,000 calorie diet.

Other Ingredients: Softgel (gelatin, purified water, glycerin, turmeric, sodium copper chlorophyllin), natural beeswax (yellow), soy lecithin.

SUGGESTED USE: Take two softgels daily with meals.

CONTAINS NO artificial colors, flavors or preservatives; no wheat, gluten, milk, eggs, peanuts, tree nuts, crustacean shellfish or fish.

KEEP OUT OF REACH OF CHILDREN.

VCL 154-120F

