NOTICE: This product contains Aloe and Cascara Sagrada. Read and follow directions carefully. Do not use if you have or develop diarrhea, loose stools or abdominal pain because Aloe and Cascara Sagrada may worsen these conditions and be harmful to your health. Consult your physician if you have frequent diarrhea.

Caution: Do not use this product if you are pregnant or nursing. This product is not intended for use with children. If you are taking any medications, dietary supplements, or are being treated for a medical condition, consult a healthcare professional before taking this product. Do not use when nausea or vomiting are present unless recommended by a healthcare professional. Consult a healthcare professional if you notice a sudden change in bowel habits that persist over 2 weeks. Rectal bleeding or failure to move bowels after use may indicate a serious condition. Discontinue use and consult a healthcare professional.

SATISFACTION GUARANTEED. Freshness & safety sealed with printed outer shrinkwrap and printed inner seal. Do not use if either seal is broken or missing. Keep out of reach of children.





Recommendation: Take 1 capsule at bedtime as needed with a full glass of water. Do not exceed recommended dose. Do not take for more than 1 week as frequent or prolonged use may result in dependence.

## Supplement Facts

Serving Size 1 Capsule

410 ma

Amount Per Serving Proprietary Blend

Aloe ferox (latex); Butternut (bark); Fennel (seed); Ginger (root); Red Raspberry (leaf): Cascara Sagrada (cortex): Peppermint (leaf)

\*\*Daily Value (DV) not established.

Other ingredients: plant-derived capsule (modified cellulose), silica

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