

Flaxseed oil is nature's richest vegetarian source of the essential fatty acids, ALA (omega-3) and LA (omega-6). These fatty acids produce prostaglandins that help maintain healthy skin, joints and cell membrane structure as well as promote cardiovascular and nervous system health.†

Our **Flaxseed Oil** is made from organic flax seeds and is cold pressed, unfiltered, unbleached and free of hexane. The flaxseed oil in this product is certified organic by Quality Assurance International (QAI).

Our Ultimate Organics® products do not contain conventional pesticides, synthetic fertilizers, growth hormones, genetic modification or antibiotics. We source only natural, organic raw materials that promote the use of renewable resources and conservation and are reviewed by USDA-approved organic certifiers.

**WE GUARANTEE OUR SUPPLEMENTS
FOR POTENCY AND PURITY**

To report a serious adverse event, call 1-888-710-0006

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



Dietary Supplement
90 SOFTGELS



Cold-Pressed and Hexane-Free
Ultimate Organics®
FLAXSEED OIL
1,000 mg
Made with Organic Flaxseeds

This product is certified organic by Quality Assurance International (QAI).

Supplement Facts

Serving Size 1 Softgel

Servings Per Container 90

Amount Per Serving	% Daily Value
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Total Calories	10
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Calories from Fat	10
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Total Fat	1 g	1%*
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Polyunsaturated Fat	0.6 g	
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Flaxseed Oil	1,000 mg	**
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Typical fatty acid composition:

Alpha-Linolenic Acid (ALA)	550 mg	**
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Linoleic Acid (LA)	150 mg	**
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Oleic Acid	200 mg	**
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* Percent Daily Values based on a 2,000 calorie diet.

** Daily Value not established.

Other Ingredients: Capsule (gelatin), glycerin.

SUGGESTED USE: Take one softgel up to six times daily.

CONTAINS NO artificial colors, flavors or preservatives; no wheat, gluten, milk, eggs, peanuts, tree nuts, soy, crustacean shellfish or fish.

KEEP OUT OF REACH OF CHILDREN.

131-90M

