

St. John's Wort promotes mental well-being and relaxation. In Europe where St. John's Wort is used extensively, scientific research has confirmed positive effects. This product contains standardized St. John's Wort (*Hypericum perforatum*) extract powder from the highest grade of whole flowering tops, and is a viable source of the key active compounds hypericin and hyperforin. It conforms to the dosage and mode of administration as established by the German Commission E monograph.[†]

The Ultimate Extract® process makes our St. John's Wort easier to digest and more available than plain powder, resulting in a premium St. John's Wort supplement.

**WE GUARANTEE OUR SUPPLEMENTS
FOR POTENCY AND PURITY**

To report a serious adverse event, call 1-888-710-0006

[†]These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Ultimate Extract®
Standardized

ST. JOHN'S WORT 300 mg

Promotes Mental Well-Being[†]

Dietary Supplement

100 VEGETARIAN CAPSULES



Supplement Facts

Serving Size 1 Capsule Servings Per Container 100

Amount Per Serving	%Daily Value
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St. John's Wort Extract (flower)	300 mg	*
Standardized for a guaranteed potency of 0.3% hypericin.		

* Daily Value not established.

Other Ingredients: Cellulose, capsule (vegetable source), magnesium stearate (vegetable source), silica.

SUGGESTED USE: Take one capsule up to three times daily with 8 oz. warm water between meals.

CONTAINS NO artificial colors, flavors or preservatives; no wheat, gluten, milk, eggs, peanuts, tree nuts, soy, crustacean shellfish or fish. Suitable for vegans.

Pregnant or lactating women should consult their health care professional before using this product. This product may make the skin sensitive to sunlight.

KEEP OUT OF REACH OF CHILDREN. VL 993-100J

