Instructions: To assess individual tolerance, for the first three days, take one convenience pack containing one capsule from the first layer with a glass of water three times daily, approximately 30-60 minutes before your three main meals. For day four and beyond, follow the chart below. Do not exceed two capsules in a 4-hour period or six capsules in a 24-hour period.

Day 1 to Day 3	1 Convenience Pack from first layer (1 capsule), 3x daily
Day 4 and Beyond	1 Convenience Pack from second layer (2 capsules), 3x daily

Do not snack before dinner or between meals. Eat moderately and exercise regularly for optimum results.

Starter Kit Includes:

- Convenience packs for hassle-free usage
- Custom measuring tape
 Personal Success Journal: Record your success and track your exercise activity in one convenient place

Storage: Store in a cool, dry area.

We Guarantee Our Supplements for Potency and Purity

+ THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.



APPETITE CONTROL[†]

with Garcinia Cambogia, Green Tea & Green Coffee

65 66 67 68 69 70 71 72 73 74 75 76 77 78 79 80 81 10 11 12 13 14 15 16

Professional Formula

STARTER KIT

DIETARY SUPPLEMENT

90 VEGETARIAN CONVENIENCE PACKS

Supplement Facts

Serving Size: 1 Convenience Pack Servings per Container: 90

Amount Per	1 Capsule	% Daily Value	2 Capsules	% Daily Value
Calories			5	
Total Carbohydrate	0	0%	1 g	<1%"
Calcium (calcium carbonate)	72 mg	7%	144 mg	14%
Vitamin B12 (cyanocobalamin) 6 mcg		100%	12 mcg	200%

Pro 3 Proprietary Blend 937 mg Garcinia rind extract, Green Tea (leaf) extract, Guarana (seed) extract, Green Coffee Bean extract, Cayenne fruit extract

OTHER INGREDIENTS: VEGETABLE CELLULOSE AND WATER.

Manufactured for Anabolic Laboratories, LLC 1835 E Cheyenne Road Colorado Springs, CO 80905

www.anaboliclabs.com



KEEP OUT OF THE REACH OF CHILDREN.

3632-001A

Daily Values are based on a 2,000 calorie diet

Percent Daily Value is not established