

NOTICE: This product contains Cascara sagrada and Rhubarb. Read and follow directions carefully. **Do not use if you have or develop diarrhea, loose stools or abdominal pain because Cascara sagrada and Rhubarb may worsen these conditions and be harmful to your health.** Consult your physician if you have frequent diarrhea or if you are pregnant, nursing, taking medication or have a medical condition.

SATISFACTION GUARANTEED. Freshness & safety sealed with printed outer shrinkwrap and printed inner seal. Do not use if either seal is broken or missing. **Keep out of reach of children.**

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*This statement has not been evaluated by the Food & Drug Administration.
This product is not intended to diagnose, treat, cure or prevent any disease.



Nurturalax 2

with Cascara Sagrada



vegetarian
CAPSULE

For Occasional Constipation*

100 Capsules / 9 Herb Blend

DIETARY SUPPLEMENT

Recommendation: Take at bedtime as needed with a full glass of water. Adults & children age 12 years and over: Take 4 capsules. Children under 12 years of age: Consult a doctor. Do not exceed recommended dose. Do not take for more than 1 week, as frequent or prolonged use may result in dependence.

Caution: Do not use when nausea or vomiting are present or if pregnant or nursing unless directed by a doctor. Consult a doctor if you notice a sudden change in bowel habits that persist over 2 weeks. Rectal bleeding or failure to move bowels after use may indicate a serious condition; discontinue use and consult a doctor.

Supplement Facts

Serving Size 4 Capsules
Servings Per Container 25

Amount Per Serving	% DV
Proprietary Blend	1.78 g (1,780 mg) **
Cascara Sagrada (bark); Barberry Root (bark); Fennel (seed); Ginger (root); Goldenseal (root); Lobelia (stem, leaf, flower); Red raspberry (leaf); Turkey rhubarb (root); Cayenne pepper (fruit)	

**Daily Value (DV) not established.

Other ingredients: Plant-derived capsule, Silica