



Brain Mood

A Dietary Supplement



**Douglas
Laboratories®**

60 Vegetarian Capsules

Supplement Facts

Serving Size 1 vegetarian capsule
Servings Per Container 60

Amount Per Serving	%DV
Thiamine (as Thiamine HCl)	15 mg 1,000%
Niacinamide	25 mg 125%
Folic Acid	300 mcg 75%
Vitamin B12 (as cyanocobalamin)	250 mcg 4,167%
Pantothenic Acid (as Calcium Pantothenate)	25 mg 250%
5-Hydroxytryptophan	100 mg *
St. John's Wort Extract (flowers and tops) (standardized to contain 0.3% hypericin)	300 mg *

Manufactured in the USA by: **Douglas Laboratories**
600 Boyce Road • Pittsburgh, PA 15205 USA
www.douglaslabs.com

Other ingredients: Cellulose and vegetable stearate

This product contains NO yeast, wheat gluten, soy protein, milk/dairy, corn, sodium, sugar, starch, artificial coloring, preservatives or flavoring.

Warning

If you are pregnant, trying to become pregnant, nursing, or taking any prescription medication (especially anticoagulants, oral contraceptives, anti-depressants, anti-seizure medications, drugs to treat HIV or prevent transplant rejection), consult your physician before using this product. This product may cause skin rashes or photosensitivity in some people. Avoid excessive exposure to sunlight, tanning lights or UV sources while taking this product. This product may cause serotonin syndrome in sensitive patients and may cause hair loss.

Suggested Usage

As a dietary supplement, adults take one capsule three times per day, or as directed by your healthcare professional.

KEEP OUT OF REACH OF CHILDREN

For optimal storage conditions, store in a cool, dry place (59°-77°F/15°-25°C) (35-65% relative humidity)

Tamper resistant package, do not use if outer seal is missing

Formula #98724

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