

Magnesium plays many roles in supporting overall health. Specifically, magnesium promotes healthy bones and teeth. In addition, it supports the heart, female health, and is involved in energy production.[†]

By creating this supplement as a chelated mineral, our **Chelated Magnesium** is more easily and efficiently absorbed by the body.[†]

**WE GUARANTEE OUR SUPPLEMENTS
FOR POTENCY AND PURITY**

To report a serious adverse event, call 1-888-710-0006

[†]These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Amino Acid
**CHELATED
MAGNESIUM**
250 mg

Promotes Heart, Bone, and Female Health[†]

Dietary Supplement
90 TABLETS



Supplement Facts

Serving Size 1 Tablet

Servings Per Container 90

Amount Per Serving

% Daily Value

Magnesium (from
magnesium oxide,
amino acid chelate)

250 mg

63%

Other Ingredients: Dicalcium phosphate, cellulose, modified cellulose gum, silica, stearic acid (vegetable source), magnesium stearate, glutamic acid, protein hydrolysate (milk), titanium dioxide and glycerin.

SUGGESTED USE: Take one tablet up to two times daily with food.

CONTAINS NO artificial colors, flavors or preservatives; no wheat, gluten, eggs, peanuts, tree nuts, soy, crustacean shellfish or fish.

KEEP OUT OF REACH OF CHILDREN.

VL 682-90M

