

Chromium is an essential trace mineral required for proper metabolism of carbohydrate, fat and protein, but it is often lacking in the typical diet. Our Chromium supplement utilizes ChromeMate®, a unique oxygen-coordinated niacin-bound chromium complex, to provide a highly bioavailable form of chromium. ChromeMate® has been shown safer and more effective than other forms of chromium tested, including chromium picolinate.†



ChromeMate® is a registered trademark of InterHealth, N.I.

**WE GUARANTEE OUR SUPPLEMENTS  
FOR POTENCY AND PURITY**

To report a serious adverse event, call 1-888-710-0006

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

ChromeMate® GTF  
**CHROMIUM**  
**200 mcg**

Supports Metabolism  
and Cardiovascular Health†

Dietary Supplement

**120 VEGETARIAN TABLETS**



## Supplement Facts

Serving Size 1 Tablet      Servings Per Container 120

Amount Per Serving	% Daily Value	
Niacin	1.2 mg	6%
Chromium (from chromium polynicotinate)*	200 mcg	167%

\*ChromeMate® brand niacin-bound chromium (U.S. Patent 5,194,615).

Other Ingredients: Cellulose, magnesium stearate (vegetable source), silica.

**SUGGESTED USE:** Take one tablet daily with food.

**CONTAINS NO** artificial colors, flavors or preservatives; no wheat, gluten, milk, eggs, peanuts, tree nuts, soy, crustacean shellfish or fish. Suitable for vegans.

**KEEP OUT OF REACH OF CHILDREN. VL 631-120J**



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