

Chromium plays a major role in regulating metabolism, especially glucose metabolism, but it is sorely lacking in the American diet. Additionally, strenuous exercise and a high intake of refined sugar can increase the body's excretion of chromium. Our **Chromium Picolinate** supplement is a premium source of chromium.†

**WE GUARANTEE OUR SUPPLEMENTS
FOR POTENCY AND PURITY**

To report a serious adverse event, call 1-888-710-0006

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

CHROMIUM PICOLINATE

200 mcg

Supports Glucose Metabolism†

Dietary Supplement
250 CAPSULES



Supplement Facts

Serving Size 1 Capsule Servings Per Container 250

Amount Per Serving	% Daily Value	
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Chromium (from chromium picolinate)	200 mcg	167%
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Other Ingredients: Capsule (gelatin), cellulose, magnesium stearate (vegetable source).

SUGGESTED USE: Take one capsule daily with food.

CONTAINS NO artificial colors, flavors or preservatives; no wheat, gluten, milk, eggs, peanuts, tree nuts, soy, crustacean shellfish or fish.

Diabetics should use only under a physician's supervision.

KEEP OUT OF REACH OF CHILDREN. VL 630-250G

