Magnesium is an essential nutrient required for muscle and brain activities, nerve function. and bone health.† Sixty percent of the body's magnesium is stored in the bones, and over 25% is stored in muscle. Dietary surveys show that many people are susceptible to magnesium deficiency. Our Chewable Magnesium provides highly bigavailable alternative for those who have difficulty

WE GUARANTEE OUR SUPPLEMENTS

swallowing tablets.

report a serious adverse event, call 1-888-710-0006

MAGNESIUM 125 mg

Amino Acid Chelate, Citrate Promotes Muscle Nerve

Supplement Facts % Daily Value

SUGGESTED USE: Chew one or more waters daily with food.