### **FEM:WELL**\*\*

## **EXPRESS RELAX**

helps naturally ease stress and tension\*

#### STRESS MANAGEMENT

Passion flower and amino acids support positive mood and relaxation\*

- helps balance and ease mood\*
- promotes calmness and helps support restful sleep\*
- supports normal, healthy relaxation and eases stress\*



Optimal Health by Nature™







# **EXPRESS RELAX**

helps naturally ease stress and tension\*

#### STRESS MANAGEMENT

FEMiWELL™ Express Relax™ is a unique blend of important botanicals and amino acids that help your body deal with everyday stress, promote calmness and help improve sleep quality.\* Passion flower is a botanical used to naturally promote stress relief and relaxation.\* Glycine and 5-HTP (5-Hydroxytryptophan) are amino acids that provide support for normal, healthy relaxation, restful sleep and a calm mood.\*

## **Supplement Facts**

Serving Size: 1 Lozenge Servings Per Container: 40

	Amount Per Serving	% Daily Value
Glycine (As Aminoacetic Acid)	300 mg	**
Passion flower (Passiflora incarnata) herbs dry extract	80 mg	**
5-Hydroxytryptophan (Griffonia Simplicifolia) seed extract	25 mg	

Other Ingredients: Parteck® (Sorbitol), Gum Arabic, Cocoa powder, Calcium stearate, Aerosil® (Silica), Natural Chocolate flavor.

DIRECTIONS: Take 1 lozenge up to 4 times per day as needed

WARNING: This product is only intended for healthy adults, 18 years of age or older, DO NOT USE IF PREGNANT OR NURSING. Before using this product. consult a licensed, qualified. health care professional if: vou have any pre-existing medical conditions or if you are taking any other dietary supplement, prescription drug or over-the-counter medication. Discontinue use 2 weeks prior to surgery. Use only as directed. Do not use if blister pack seal is broken or missing. Store in a cool, dry place. KEEP OUT

\*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease

LOT:

EXP:



OF REACH OF CHILDREN

**DIETARY SUPPLEMENT**