

Amount Per Serving	%Daily Value	
	< 4 yrs. 4 - Adult	
Choline (bitartrate)	10 mcg	*
Inositol	10 mcg	*
Lemon Bioflavonoid Complex	20 mg	*
PABA (para-amino benzoic acid)	400 mcg	*
Fruit Blend Concentrate (high - ORAC)	10 mg	*

* Daily Value not established.
 ** Percent Daily Values are based on a 2000 calorie diet.

Other Ingredients: Fructose, natural berry flavor, stearic acid, magnesium stearate (vegetable source), citric acid, cellulose, guar gum, silica, turmeric extract, malic acid, wild blueberry extract, grape and grapeseed extract, raspberry and raspberry seed extract, cranberry powder, prune powder, tart cherry powder, wild bilberry extract, strawberry powder.

SUGGESTED USE: Chew two tablets daily with meals.

CONTAINS NO artificial colors, flavors or preservatives; no wheat, gluten, milk, eggs, peanuts, tree nuts, crustacean shellfish or fish.

**WE GUARANTEE OUR SUPPLEMENTS
FOR POTENCY AND PURITY**

To report a serious adverse event, call 1-888-710-0006

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison center immediately.

Natural Berry Flavor

BENGAL BITES®



Children's Vegetarian
Multivitamin and Mineral

60 CHEWABLE TABLETS



Supplement Facts			
Serving Size 2 Chewable Tablets		Servings Per Container 30	
Amount Per Serving		%Daily Value	
		< 4 yrs. 4 - Adult	
Calories 10			
Total Carbohydrate	2g	*	<1%**
Sugars	2g	*	
Vitamin A (as beta-carotene)	5,000 IU	200	100
Vitamin C (as calcium ascorbate)	60 mg	150	100
Vitamin D3 (as cholecalciferol)	400 IU	100	100
Vitamin E (as d-alpha tocopheryl acetate)	30 IU	300	100
Thiamin (as thiamin mononitrate)	1.5 mg	214	100
Riboflavin	1.7 mg	213	100
Niacin (as niacinamide)	20 mg	200	100
Vitamin B6 (as pyridoxine HCl)	2 mg	286	100
Folic Acid	400 mcg	200	100
Vitamin B12 (as cyanocobalamin)	6 mcg	200	100
Biotin	50 mcg	33	17
Pantothenic Acid (as d-calcium pantothenate)	10 mg	200	100
Calcium (from calcium amino acid chelate)	20 mg	3	2
Iron (from iron amino acid chelate)	5 mg	50	28
Iodine (from kelp, potassium iodide)	100 mcg	143	67
Magnesium (from magnesium amino acid chelate)	10 mg	5	3
Zinc (from zinc amino acid chelate)	2 mg	38	20
Copper (from copper amino acid complex)	0.05 mg	5	3
Manganese (from manganese amino acid chelate)	0.05 mg	*	3
Potassium (from amino acid chelate)	1 mg	*	<1

KEEP OUT OF REACH OF CHILDREN. VL 507-60H

