



Basic Preventive 4[®] Iron and Copper Free

 **amni[®] original formula**
A Dietary Supplement



**Douglas
Laboratories[®]** 180 Tablets

Supplement Facts

Serving Size 6 tablets • Servings Per Container 30

Amount Per Serving	%DV	Amount Per Serving	%DV
Vitamin A (as fish liver oil and25,000 IU 60% [15,000 IU] as natural beta-carotene from D. salina)	500%	Zinc (as zinc amino acid chelate**)20 mg	133%
Vitamin C (as calcium ascorbate1,200 mg and magnesium/potassium aspartate-ascorbate complex)	2,000%	Selenium200 mcg (as selenium amino acid complex)	286%
Vitamin D3 (from fish liver oil)100 IU	25%	Manganese20 mg (as manganese amino acid chelate**)	1,000%
Vitamin E (as d-alpha400 IU tocopheryl succinate)	1,333%	Chromium200 mcg (as chromium polynicotinate***)	167%
Vitamin K1 (as phytonadione)60 mcg	75%	Molybdenum150 mcg (as molybdenum amino acid chelate**)	200%
Thiamine (as thiamine mononitrate) ...100 mg	6,667%	Potassium99 mg	3%
Riboflavin50 mg	2,941%	(as potassium aspartate- ascorbate complex)	
Niacin (as niacinamide and niacin)200 mg	1,000%		
Vitamin B650 mg (as pyridoxine hydrochloride)	2,500%		
Folic acid800 mcg	200%		
Vitamin B12 (as cyanocobalamin100 mcg on ion exchange resin)	1,667%	Choline (as choline bitartrate)150 mg	*
Biotin300 mcg	100%	Inositol50 mg	*
Pantothenic acid400 mg (as d-calcium pantothenate)	4,000%	Vanadium (as vanadyl sulfate)39 mcg	*
Calcium (as calcium citrate500 mg and calcium ascorbate)	50%	Boron (as boron aspartate-citrate)2 mg	*
Iodine (from kelp)150 mcg	100%	para-Aminobenzoic acid50 mg	*
Magnesium (as magnesium500 mg aspartate-ascorbate complex and magnesium amino acid chelate**)	125%	Citrus bioflavonoids100 mg	*
		*Daily Value not established.	

Other ingredients: Modified cellulose gum, methylcellulose, silica, cellulose, vegetable stearine, titanium dioxide, magnesium stearate, gum ghatti, natural tangerine flavor, and canthaxanthin (carotene color).

*Daily Value not established.

Manufactured in the USA by: **Douglas Laboratories**
600 Boyce Road • Pittsburgh, PA 15205 USA
www.douglaslabs.com

**U.S. Patent Number 4,599,152 Albion Laboratories
***ChromeMate[®] brand. U.S. Patent Number 4,923,855 InterHealth Co.

WARNING: This product contains Vitamin K, which interferes with the prescription drugs Coumadin and Warfarin. Do not take this if taking either of these drugs.

Suggested Usage:
As a dietary supplement, adults take 6 tablets daily with food or as directed by your healthcare professional.

KEEP OUT OF REACH OF CHILDREN.

For optimal storage conditions, store in a cool, dry place. (59°-77°F/15°-25°C) (35-65% relative humidity) Tamper resistant package, do not use if outer seal is missing.



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BP4

