



# Lecithin 1200 mg

A Dietary Supplement



**Douglas  
Laboratories®**

**100 Softgels**

| Supplement Facts                                         |         |     |
|----------------------------------------------------------|---------|-----|
| Serving Size 1 softgel                                   |         |     |
| Servings Per Container 100                               |         |     |
| Amount Per Serving                                       | %DV†    |     |
| Calories                                                 | 11      |     |
| Calories from Fat                                        | 11      |     |
| Total Fat                                                | 1.2 g   | <2% |
| Saturated Fat                                            | 0 g     | 0%  |
| <hr/>                                                    |         |     |
| Lecithin (from Soya)                                     | 1200 mg | *   |
| <hr/>                                                    |         |     |
| †Percent Daily Values are based on a 2,000 calorie diet. |         |     |
| *Daily Value not established.                            |         |     |

Other ingredients: Water and gelatin (capsule).

Manufactured for:  
**Douglas Laboratories**  
Pittsburgh, PA 15205  
[www.douglaslabs.com](http://www.douglaslabs.com)

This product contains NO yeast, wheat gluten, milk/dairy, corn, sodium, sugar, starch, artificial coloring, preservatives or flavoring.

**Suggested Usage:**  
As a dietary supplement, adults take 1 softgel before lunch or as directed by physician.

**KEEP OUT OF REACH OF CHILDREN.**  
For optimal storage conditions,  
store in a cool, dry place.  
(59°-77°F/15°-25°C) (35-65% relative humidity)  
Tamper resistant package,  
do not use if outer seal is missing.

Formula #7929

