

Directions for Use: Mix 1-2 micro scoops (3.65-7.30 grams) with 3-4 ounces of water per scoop and consume 30-45 minutes prior to workout. The ideal individual serving for workout domination may vary between 1-2 scoops. **DO NOT EXCEED 2 SCOOPS IN ANY 24 HOUR PERIOD. Consult with your Physician before using this product.** Contents may settle after shipping. Shake container prior to each use to redistribute ingredients. Moisture and humidity can cause clumping and discoloration. Store in cool dry place. Discard after expiration date.

WARNING: DO NOT USE IN COMBINATION WITH CAFFEINE OR ANY STIMULANTS FROM OTHER SOURCES WHATSOEVER, INCLUDING BUT NOT LIMITED TO, COFFEE, TEA, SODA AND OTHER DIETARY SUPPLEMENTS OR MEDICATIONS. DO NOT USE UNDER EXTREME CONDITIONS OF HEAT, SLEEP DEPRIVATION OR DEHYDRATION. DO NOT COMBINE WITH ALCOHOL. This product is only intended to be consumed by healthy adults 18 years of age or older. **Consult with your Physician before using this product,** especially if you are using any prescription or over the counter medication or if you have any pre-existing medical condition including but not limited to: high or low blood pressure, cardiac arrhythmia, stroke, heart, liver, kidney or thyroid disease, seizure disorder, psychiatric disease, diabetes, difficulty urinating due to prostate enlargement or if you are taking a MAOI (Monoamine Oxidase Inhibitor) or any other medication. This product contains caffeine and should not be taken by individuals wishing to eliminate this ingredient from their diet. Discontinue use 2 weeks prior to surgery. Discontinue use and consult your health care professional if you experience any adverse reaction to this product. Do not exceed recommended serving. Do not use if safety seal is broken or missing. **KEEP OUT OF REACH OF CHILDREN.**

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to treat, diagnose, cure or prevent any disease.

New Formula!



With Micronized L-Citrulline!



JACK 3D micro

MICRO ENGINEERED

Pre-Workout Technology

BLUE RASPBERRY

DIETARY SUPPLEMENT

Net Wt 5.1 oz (146 g)

Supplement Facts

Serving Size: 1 Scoop (3.65 g) 2 Scoops (7.3)
Servings Per Container: 40 20

Amount per serving	%DV	%DV
Super Performance System™	2247 mg *	4494 mg *
Micronized L-Citrulline, Betaine, L-Carnitine L-Tartrate, Grape Seed (95% Proanthocyanidins) Extract		
Micro Engineered Energy Matrix™	352 mg *	704 mg *
Choline Bitartrate, Caffeine (150 mg), Nelumbo Nucifera (Leaf and Seed) Extract		
Vitamin C (Ascorbic Acid)	50 mg 84%	100 mg 167%

*Daily value not established

Other Ingredients: Citric Acid, Natural & Artificial Flavors, Silicon Dioxide, Sucralose, Acesulfame Potassium, Spirulina Blue (Color)

Distributed by USPlabs, LLC (Dallas, Texas 75220).

Questions, comments or concerns can be directed to: www.usplabsdirect.com
or by phone at: 1-800-890-3067 (9-5 EST M-F)



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