DIRECTIONS FOR USE: Mix 1 Ultra-Concentrated Scoop (5.1 grams) with 4 ounces of cold water and consume 30-45 minutes prior to resistance training. Do this the first 3 times using the product. Beginning with the 4th use, if needed, you may gradually increase serving by a half scoop (2.55 grams), up to a total of 2 full scoops. **DO NOT** UNDER ANY CIRCUMSTANCES EXCEED 2 SCOOPS IN ANY 24 HOUR PERIOD OR USE MORE THAN 5 DAYS IN ANY 7 DAY PERIOD. Consume at least 125 fl. oz. of liquid per day for men and 91 fl. oz. of liquid per day for women.

Contents may settle. SHAKE CONTAINER PRIOR TO EACH USE. Store in a cool dry place to prevent clumping and discoloration.

WARNINGS: DO NOT USE IN COMBINATION WITH CAFFEINE OR ANY STIMULANTS FROM OTHER SOURCES WHATSOEVER, INCLUDING BUT NOT LIMITED TO, COFFEE, TEA, SODA AND OTHER DIETARY SUPPLEMENTS OR MEDICATIONS. DO NOT USE UNDER EXTREME CONDITIONS OF HEAT, CARDIOVA SCULAR EXERTION, SLEEP DEPRIVATION, OR DEHYDRATION, DO NOT COMBINE WITH ALCOHOL, Pregnant or nursing women should not use this product. This product is only intended to be consumed by healthy adults 18 years of age or older. Consult with your Physician before using this product, especially if you are using any prescription or over the counter medication or if you have any pre-existing medical condition including but not limited to high or low blood pressure, cardiac arrhythmia, stroke, heart, liver, kidney or thyroid disease, seizure disorder, psychiatric disease, diabetes, difficulty urinating due to prostate enlargement or if you are taking a MAOI (Monoamine Oxidase Inhibitor) or any other medication. Do not use if you are taking erectile dysfunction medication. Do not take additional nitrates in the form of medication or dietary supplements along with this product. This product contains caffeine and should not be taken by individuals wishing to eliminate this ingredient from their diet. Discontinue use 2 weeks prior to surgery. Discontinue use and consult with your health care professional if you experience any adverse reaction to this product.

† This statement has not been evaluated by the Food and Drug Administration. This product is not intended to treat, diagnose, cure or prevent any disease.

Do not exceed recommended serving. Do not use if safety seal is broken or missing. KEEP OUT OF REACH OF CHILDREN.



WARNINGS.



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Jack3d (The Ultimate Pre-Workout Training Matrix)

Use only in accordance with the DIRECTIONS FOR USE and



Naturally & Artificially Flavored

Dietary Supplement Net Wt 8.1 oz (230 g)

Supplement Facts

1 Scoop (5.1 g) 2 Scoops (10.2 g) Serving Size: Servings Per Container.

Amount per serving % DV % DV Proprietary Blend 7160 ma Creatine BioCRE™ Matrix (Creatine (as Monohydrate, Anhydrous (BioCRE™)]), NOCP (Citrulline, Pinus Pinaster (Bark) Extract), Beta Alanine (Carnosyn™), Schisandra Chinensis (Fruit) Extract Rhodiola Rosea (Root) Extract, Yohimbe (Pausinystalia Johimbe)

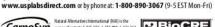
*Daily value not established Other Ingredients: Malic Acid, Natural & Artificial Flavors, Silicon Dioxide, Sucralose,

Calcium Silicate, Beet Root (Color), Acesulfame Potassium, Grape Blue (Color)

Produced in a facility that may also process dairy, eggs, fish, shellfish, tree nuts, peanuts, wheat or soy.

(Bark) Extract (Standardized for Yohimbine HCI)

Distributed by USPlabs, LLC (Dallas, Texas 75220). Ouestions, comments or concerns can be directed to:





270 mg