

Other Ingredients: Cellulose, stearic acid (vegetable source), silica, modified cellulose gum, magnesium stearate (vegetable source), glycerin.

SUGGESTED USE: Take two tablets daily with food.

CONTAINS NO artificial colors, flavors or preservatives; no wheat, gluten, milk, eggs, peanuts, tree nuts, soy, crustacean shellfish or fish. Suitable for vegans.

Our comprehensive stress formula, **B Complex with Vitamin C** is designed to help the body manage both mental and physical stress.†

**WE GUARANTEE OUR SUPPLEMENTS
FOR POTENCY AND PURITY**

To report a serious adverse event, call 1-888-710-0006

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

B

COMPLEX

with Vitamin C

Nutritional Support for Stress†

Dietary Supplement

30 VEGETARIAN TABLETS



Supplement Facts

Serving Size 2 Tablets
Servings Per Container 15

| Amount Per Serving | | % Daily Value |
|---|---------|---------------|
| Vitamin C (as niacinamide ascorbate, ascorbic acid) | 450 mg | 750% |
| Thiamin (as thiamin HCl) | 50 mg | 3333% |
| Riboflavin | 50 mg | 2941% |
| Niacin (as niacinamide ascorbate) | 100 mg | 500% |
| Vitamin B6 (as pyridoxine HCl) | 100 mg | 5000% |
| Folic Acid | 400 mcg | 100% |
| Vitamin B12 (as cobalamin) | 125 mcg | 2083% |
| Biotin | 150 mcg | 50% |
| Pantothenic Acid (as calcium pantothenate) | 200 mg | 2000% |
| Calcium (from di-calcium phosphate, calcium pantothenate) | 100 mg | 10% |
| Magnesium (from magnesium oxide) | 100 mg | 25% |
| Chromium (from chromium chloride) | 50 mcg | 42% |
| Choline (as choline bitartrate) | 100 mg | * |
| Inositol | 100 mg | * |
| Passion Flower Extract (4:1) | 10 mg | * |
| Valerian Root Extract (4:1) | 10 mg | * |

* Daily Value not established.

KEEP OUT OF REACH OF CHILDREN.

VCL 244-300

