

DIRECTIONS FOR USE: Mix 1 Ultra-Concentrated Scoop (5.1 grams) with 4 ounces of cold water and consume 30–45 minutes prior to resistance training. Do this the first 3 times using the product. Beginning with the 4th use, if needed, you may gradually increase serving by a half scoop (2.55 grams), up to a total of 2 full scoops. **DO NOT UNDER ANY CIRCUMSTANCES EXCEED 2 SCOOPS IN ANY 24 HOUR PERIOD OR USE MORE THAN 5 DAYS IN ANY 7 DAY PERIOD.** Consume at least 125 fl. oz. of liquid per day for men and 91 fl. oz. of liquid per day for women.

Contents may settle. **SHAKE CONTAINER PRIOR TO EACH USE.** Store in a cool dry place to prevent clumping and discoloration.

WARNINGS: DO NOT USE IN COMBINATION WITH CAFFEINE OR ANY STIMULANTS FROM OTHER SOURCES WHATSOEVER, INCLUDING BUT NOT LIMITED TO, COFFEE, TEA, SODA AND OTHER DIETARY SUPPLEMENTS OR MEDICATIONS. DO NOT USE UNDER EXTREME CONDITIONS OF HEAT, CARDIOVASCULAR EXERTION, SLEEP DEPRIVATION, OR DEHYDRATION. DO NOT COMBINE WITH ALCOHOL. Pregnant or nursing women should not use this product. This product is only intended to be consumed by healthy adults 18 years of age or older. **Consult with your Physician before using this product,** especially if you are using any prescription or over the counter medication or if you have any pre-existing medical condition including but not limited to high or low blood pressure, cardiac arrhythmia, stroke, heart, liver, kidney or thyroid disease, seizure disorder, psychiatric disease, diabetes, difficulty urinating due to prostate enlargement or if you are taking a MAOI (Monoamine Oxidase Inhibitor) or any other medication. Do not use if you are taking erectile dysfunction medication. Do not take additional nitrates in the form of medication or dietary supplements along with this product. This product contains caffeine and should not be taken by individuals wishing to eliminate this ingredient from their diet. Discontinue use 2 weeks prior to surgery. Discontinue use and consult with your health care professional if you experience any adverse reaction to this product. Do not exceed recommended serving. Do not use if safety seal is broken or missing. **KEEP OUT OF REACH OF CHILDREN.**

† This statement has not been evaluated by the Food and Drug Administration. This product is not intended to treat, diagnose, cure or prevent any disease.



Jack3d®

(The Ultimate Pre-Workout Training Matrix)

45 ULTRA
CONCENTRATED
SCOOPS

CNS Stimulant† Intense Training Aid Enhanced with BioCRE™

WARNING: Use only in accordance
with the **DIRECTIONS FOR USE** and
WARNINGS.

Dietary Supplement Net Wt 8.1 oz (230 g)

WATERMELON
Naturally & Artificially Flavored

Supplement Facts

Serving Size: 1 Scoop (5.1 g) 2 Scoops (10.2 g)
Servings Per Container: 45 22.5

Amount per serving	% DV	% DV
Proprietary Blend	3580 mg *	7160 mg *
Creatine BioCRE™ Matrix (Creatine [as Monohydrate, Anhydrous (BioCRE™)]), NO ^{CP} (Citrulline, Pinus Pinaster (Bark) Extract), Beta Alanine (Carnosyn™), Schisandra Chinensis (Fruit) Extract, Rhodiola Rosea (Root) Extract, Yohimbe (Pausinystalia Johimbe) (Bark) Extract (Standardized for Yohimbine HCl)		
Caffeine	135 mg *	270 mg *

*Daily value not established

Other Ingredients: Citric Acid, Natural & Artificial Flavors, Silicon Dioxide, Calcium Silicate, Sucralose, Acesulfame Potassium, Beet Root (Color)

Produced in a facility that may also process dairy, eggs, fish, shellfish, tree nuts, peanuts, wheat or soy.

Distributed by USPlabs, LLC (Dallas, Texas 75220).

Questions, comments or concerns can be directed to:

www.usplabsdirect.com or by phone at: **1-800-890-3067** (9-5 EST Mon-Fri)

Carnosyn
Carnosine Synthesizer

Natural Alternatives International (NAI) is the owner of patents 5,965,506; 6,172,008; 6,426,361; 6,680,294 and registered trademark Carnosyn®.

BioCRE
Hydrated creatine anhydrous