Methylcobalamin is considered the active form of vitamin B12 and may be better absorbed than other forms. A water-soluble vitamin. B12 is essential for proper energy metabolism, nerve and mental function, red blood cell formation and cardiovascular health. It is important for everyone, but especially for vegetarians and seniors who tend to be lacking in B12. Our Methyl B12 1,000 mcg Lozenges provide this superb

form in a tasty berry flavored lozenge.

WE GUARANTEE OUR SUPPLEMENTS

To report a serious adverse event, call 1-888-710-0006 treat, cure, or prevent any disease.

Natural Berry Flavor

## 1,000 mcg

**METHYL B-12** Supports Cardiovascular and Brain Health!

Dietary Supplement

Supplement Facts

% Daily Value

SUGGESTED USE: Take one lozenge daily.