

CoQ10 is found in the mitochondria of every cell, as well as in high concentrations in heart tissue. It helps maintain cardiovascular health and promotes vitality and energy. Our CoQ10 promotes heart and gum health, and is an important component in cellular energy production. CoQ10 is a fat-soluble nutrient, best absorbed when taken with supplements or foods that contain fat.[†]

**WE GUARANTEE OUR SUPPLEMENTS
FOR POTENCY AND PURITY**

To report a serious adverse event, call 1-888-710-0006

[†] These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Vegetarian
CoQ10
60 mg
Supports Energy Production[†]
Dietary Supplement
30 VEGETARIAN CAPSULES



Supplement Facts

Serving Size 1 Capsule Servings Per Container 30

Amount Per Serving	% Daily Value
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CoEnzyme Q10	60 mg *
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* Daily Value not established.

Other Ingredients: Cellulose, capsule (vegetable source), silica, magnesium stearate (vegetable source).

SUGGESTED USE: Take one or more capsules daily with food.

CONTAINS NO artificial colors, flavors or preservatives; no wheat, gluten, milk, eggs, peanuts, tree nuts, soy, crustacean shellfish or fish.

KEEP OUT OF REACH OF CHILDREN. 199-30J

