

DIRECTIONS FOR USE: Mix 1-2 scoops (12.8 - 25.6 grams) with 6-8 ounces of cold water per scoop and consume 30-60 minutes prior to resistance training. Do not exceed 2 scoops in any 24 hour period or use more than 5 days in any 7 day period. Consume at least 125 fl. oz. of liquid per day for men and 91 fl. oz. of liquid per day for women.

Contents may settle. Shake container prior to each use. Store in a cool dry place to prevent clumping and discoloration. Do not use if safety seal is broken or missing. KEEP OUT OF REACH OF CHILDREN

WARNING: DO NOT USE IN COMBINATION WITH CAFFEINE OR ANY STIMULANTS FROM OTHER SOURCES, INCLUDING BUT NOT LIMITED TO, COFFEE, TEA, SODA AND OTHER DIETARY SUPPLEMENTS OR MEDICATIONS. DO NOT USE UNDER EXTREME CONDITIONS OF HEAT, SLEEP DEPRIVATION, EXTREME CARDIOVASCULAR EXERTION, OR DEHYDRATION. Do not combine with alcohol. This product contains caffeine. Stimulants such as caffeine may cause a mild, transient increase in heart rate or blood pressure. Pregnant or nursing women should not use this product. This product is only intended to be consumed by healthy adults 18 years of age or older. **Consult with your Physician before using this product,** especially if you are using any prescription or over the counter medication or if you have any pre-existing medical condition including but not limited to high or low blood pressure, cardiac arrhythmia, stroke, heart, liver, kidney or thyroid disease, seizure disorder, psychiatric disease, diabetes, difficulty urinating due to prostate enlargement or if you are taking a MAOI (Monoamine Oxidase Inhibitor), nitrates, erectile dysfunction medication, or any other medication. Discontinue use 2 weeks prior to surgery. Discontinue use and consult with your health care professional if you experience any adverse reaction to this product.

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to treat, diagnose, cure or prevent any disease.

MAX REPS INCREASES[†]



ModernPRE⁺

(Pre-Workout Energy / Strength Endurance* / Repetition Enhancer*)[†]

More Reps. Less Soreness[†] Increases Repetitions in Very First Workout[†]

▲ Based on emerging research of L-Citrulline Malate at the amount contained in 2 scoops. Testing was performed on resistance-trained males comprising mostly of compound exercises such as bench press, squat variations, chinups, pushups and leg press.

Dietary Supplement

Net Wt. 13.5 oz (384 g)

BLUE RASPBERRY
Naturally & Artificially Flavored

3 CLINICAL STUDIES^{*}
L-CITRULLINE MALATE: SUBJECT OF 3 PUBLISHED CLINICAL STUDIES

8 GRAMS
L-CITRULLINE MALATE 2:1
PER 2 SCOOP SERVING

250 MILLIGRAMS
CITICOLINE
PER 2 SCOOP SERVING

0 ZERO
ARTIFICIAL COLORS
SUGAR

BioCRE Carb10

CarnoSyn Carnosine Synthesizer
Cognizin For the creation of your mind[®]

Mutual Alternatives International (MAI) is the owner of patents 5,965,596, 6,172,889, 6,426,361, 6,689,284 and registered trademark CarnoSyn[®].

Supplement Facts

Serving Size: 1 Scoop (12.8 g) 2 Scoops (25.6 g)
Servings Per Container: 30 15

Amount per serving	%DV	%DV
Calories	12	24
Total Carbohydrate	3 g <1% ‡	6 g 1% ‡
MaxREPS Blend		
L-Citrulline Malate 2:1	4 g *	8 g *
Beta Alanine (CarnoSyn [®])	1 g *	2 g *
L-Arginine HCl	1 g *	2 g *
ModernCREATINE Blend		
Creatine Anhydrous (BioCRE [™])	1.5 g *	3 g *
Betaine Anhydrous	1.25 g *	2.5 g *
Carb10 [™]		
High Amylose Polysaccharide (Pisum Sativum)	3 g *	6 g *
Energy/Focus Blend		
Caffeine Anhydrous	175 mg *	350 mg *
Citicoline (Cognizin [™])	125 mg *	250 mg *

* Daily value not established

‡ Percent Daily Values are based on a 2,000 calorie diet.

Other Ingredients: Natural & Artificial Flavors, Silicon Dioxide, Calcium Silicate, Sucralose, Sunflower Lecithin

Produced in a facility that may also process dairy, eggs, fish, shellfish, tree nuts, peanuts, wheat or soy.

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Questions, comments or concerns can be directed to www.usplabsdirect.com or by phone at: 1-800-890-3067 (9-5 EST Mon-Fri)

