

CONTAINS NO artificial colors, flavors or preservatives; no wheat, gluten, milk, eggs, peanuts, tree nuts, soy, crustacean shellfish or fish.

Borage Oil is an excellent source of gamma-linolenic acid (GLA), linoleic acid, and other important fatty acids. These nutrients play a major role in maintaining heart, skin, cell membrane, and nerve health. Our Borage Oil supplement assists the body as its ability to convert linoleic acid into gamma-linolenic acid declines.[†]

**WE GUARANTEE OUR SUPPLEMENTS
FOR POTENCY AND PURITY**

To report a serious adverse event, call 1-888-710-0006

[†] These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Cold-Pressed and Hexane-Free

BORAGE OIL **1,000 mg**

Provides Omega-6 Fatty Acids for
General Health[†]

Dietary Supplement
30 SOFTGELS



Supplement Facts

Serving Size 1 Softgel Servings Per Container 30

Amount Per Serving	% Daily Value
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Calories 10

Calories from fat 10

Total Fat	1 g	1%**
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Borage Oil (from borage seeds)	1,000 mg	*
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Fatty acid composition:

Gamma-Linolenic Acid (GLA)	200 mg	*
Linoleic Acid	370 mg	*
Oleic Acid	150 mg	*
Palmitic Acid	90 mg	*

* Daily Value not established.

** Percent Daily Value is based on a 2,000 calorie diet.

Other Ingredients: Capsule (gelatin), glycerin.
SUGGESTED USE: Take one softgel up to two times daily with food.

KEEP OUT OF REACH OF CHILDREN. VL 133-30H

