

Directions for Use: As a dietary supplement take 1 cap twice daily, 15-20 minutes before carbohydrate containing meals. Each dose should be at least 4 hours apart.

Warning: This product is only intended to be consumed by healthy adults 18 years of age or older. Pregnant or nursing women should not use this product. Consult with your health care provider before using this product, especially if you are taking any prescription, over the counter medication, dietary supplement product or if you have any pre-existing medical condition including but not limited to: high or low blood pressure, cardiac arrhythmia, stroke, heart, liver, kidney or thyroid disease, seizure disorder, psychiatric disease, diabetes, difficulty urinating due to prostate enlargement or if you are taking a MAO-B inhibitor or any other medication. Discontinue use and immediately consult your health care professional if you experience any adverse reaction to this product. Do not exceed recommended serving. Do not use if safety seal is broken or missing. KEEP OUT OF REACH OF CHILDREN.

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to treat, diagnose, cure or prevent any disease.

**Based on published clinical trial in ten healthy exercise-trained males. Nutrition and Metabolic Insights 2011:4 39-47



**Clinical Study Demonstrates
First Dose Effectiveness!*****

APTM **750mg**



UNIVERSITY STUDIED

“Don’t Eat Carbs Without it!”†

HERBAL SUPPLEMENT 60 CAPSULES

Supplement Facts

Serving Size 1 Capsule

	Amount per serving	% Daily Value
Proprietary Blend	750 mg	*
(Phellodendron (Bark) Extract, Crape Myrtle (Lagerstroemia Speciosa)(Stem) Extract)		

* Daily value not established

Other Ingredients: Gelatin, Corn Starch, Magnesium Stearate, Yellow 5, Red 40

Manufactured for USPlabs, LLC (Dallas, Texas 75220) in India by Stiriti Ayur Therapies Pvt Ltd. T-1852/Ayur.

Questions, comments or concerns can be directed to our forums at www.usplabsdirect.com or by phone at: **1-800-890-3067** (9-5 EST Mon-Fri)

