

As one of nature's richest sources of vegetarian omega-3 fatty acids, our **Organic Flax Oil** naturally contains compounds that support cardiovascular and skin health.[†]

Our superior product is cold-pressed and comes fresh to you in our heat, light, and oxygen-protected bottles to ensure the best quality product. The organic flax is grown in North America.

Our Ultimate Organics® products do not contain conventional pesticides, synthetic fertilizers, growth hormones, genetic modification or antibiotics. We source only natural, organic raw materials that promote the use of renewable resources and conservation and are reviewed by USDA-approved organic certifiers.

Typical Fatty Acid Analysis Per Serving

Omega-3 7650 mg
Omega-6 2410 mg
Omega-9 2120 mg

**We Guarantee Our Supplements
for Potency and Purity**

To report a serious adverse event, call
1-888-710-0006

[†] These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



Cold Pressed, Hexane Free
Ultimate Organics®

ORGANIC FLAX OIL

Promotes Cardiovascular Health[†]



Dietary Supplement



NET WT 8 fl oz (236 ml)

This product is certified organic by Quality Assurance International (QAI).

Supplement Facts

Serving Size 1 Tablespoon (15 mL)
Servings Per Container About 16

Amount Per Serving	% Daily Value	
Calories 130		
Calories from Fat 130		
Total Fat	14 g	22%*
Saturated Fat	1.5 g	8%*
Polyunsaturated Fat	10 g	**
Monounsaturated Fat	2.5 g	**

* Percent Daily Values are based on a 2,000 calorie diet
** Daily Value not established

OTHER INGREDIENTS: Organic flax oil, antioxidant blend (organic rosemary, mixed tocopherols, ascorbyl palmitate, citric acid).

SUGGESTED USE: Take one tablespoon up to two times daily. Use on salads, hot cereals, or mix into blended beverages or yogurt.

CONTAINS NO artificial colors, flavors or preservatives; no wheat, gluten, milk, eggs, peanuts, tree nuts, crustacean shellfish or fish. Suitable for vegans.

From organic flaxseeds grown in North America.

Shake briefly before using.

Best if kept refrigerated.



KEEP OUT OF REACH OF CHILDREN.

VL 403-8N