

Amount Per Serving	% Daily Value
Rose Hips (fruit).....	25 mg *
Spirulina (algae).....	25 mg *
Choline (from choline bitartrate)	25 mg *
Inositol	25 mg *
Betaine HCl	25 mg *
Papain	20 mg *
Bromelain	20 mg *
Lipase	20 mg *
Lutemax 2020™(providing lutein, zeaxanthin).....	1 mg *
Lyc-O-Mato® (source of Lycopene).....	0.5 mg *

* Daily Value not established.

Other Ingredients: Cellulose, magnesium stearate (vegetable source), silica, dibasic calcium phosphate, glycerin.

DIRECTIONS: Take two tablets daily with food or as directed by your healthcare practitioner.



Lutemax™ 2020 trademark belongs to OmniActive Health Technologies Ltd.



L-OptiZinc® is a registered trademark of Interhealth, N.I. L-OptiZinc® brand of zinc l-methionine (U.S. Patent 5,278,329).

Lyc-O-Mato® is a registered trademark of LycoRed Natural Products Limited, Inc.

**WE GUARANTEE OUR SUPPLEMENTS
FOR POTENCY AND PURITY**

**EASY
TO
DIGEST**



**Professional
Formula**

Iron-Free

**AVED-EZE
MULTI**

**Dietary Supplement
Potent multi for the Mature Adult**

**60 VEGETARIAN
TABLETS**



www.anaboliclabs.com

Manufactured by Anabolic Laboratories, LLC
1835 E Cheyenne Road Colorado Springs, CO 80905

Supplement Facts

Serving Size 2 Tablets
Servings Per Container 30

Amount Per Serving	% Daily Value
Vitamin A (100% as beta-carotene)	2,500 IU 50%
Vitamin C (as calcium ascorbate)	120 mg 200%
Vitamin D3 (as cholecalciferol)	800 IU 200%
Vitamin E (as d-alpha tocopheryl succinate) ...	30 IU 100%
Thiamin (as thiamin mononitrate)	3 mg 200%
Riboflavin (from riboflavin-5'-phosphate sodium)...	3.4 mg 200%
Niacin (as niacinamide)	20 mg 100%
Vitamin B6 (as pyridoxine HCl)	4 mg 200%
Folic Acid	400 mcg 100%
Vitamin B12 (as cyanocobalamin).....	30 mcg 500%
Biotin	150 mcg 50%
Pantothenic Acid (as calcium pantothenate)	10 mg 100%
Calcium (from calcium citrate, calcium ascorbate and calcium pantothenate)	145 mg 15%
Iodine (from potassium iodide)	50 mcg 33%
Magnesium (from magnesium citrate)	50 mg 13%
Zinc (from L-OptiZinc®).....	15 mg 100%
Selenium (from selenomethionine)	35 mcg 50%
Copper (from copper gluconate)	1 mg 50%
Manganese (from manganous gluconate) ...	1 mg 50%
Chromium (from picolinate)	60 mcg 50%
Molybdenum (from sodium molybdate) ...	10 mcg 17%

KEEP OUT OF REACH OF CHILDREN. 503-60L

