

Glutamine is a "conditionally essential" amino acid. During times of physical stress and exertion **Glutamine** reserves can be depleted. **Glutamine's** role in the body is critical to optimum performance. As the most abundant amino acid in muscle tissue, **Glutamine** has a positive anti-catabolic role in protein synthesis and immune system enhancement. **Glutamine** supplementation can influence muscle tissue recovery, supporting gains in growth and strength while enhancing immune function.* **Glutamine** can be taken with water or added to protein powders and meal replacements to increase nitrogen and fortify intramuscular **Glutamine** levels.*

**HIGH
POTENCY**

**60
SERVINGS**

**5g
GLUTAMINE**

ULTRA PURE*

GLUTEN FREE

UNFLAVORED



GLUTAMINE

ENHANCE MUSCLE GROWTH & RECOVERY*

- Reduce Muscle Soreness***
- Pharmaceutical Quality***
- Enhance Recovery***



US GLUTAMINE 300 MJ 6/15 V2.5

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**FORMULATED
BANNED
SUBSTANCE
FREE**

300
GRAMS POWDER

DIETARY SUPPLEMENT

ENHANCE MUSCLE GROWTH & RECOVERY*

Supplement Facts

Serving Size: 1 Rounded Teaspoon (5g)
Servings Per Container: 60

Amount Per Serving	% DV
L-Glutamine	5g *

*Daily Value (DV) not established.

ALLERGEN INFORMATION: Produced in a facility that also processes tree nuts, eggs, soy, shellfish, fish, and wheat.

Suggested Use: As a dietary supplement, mix 1 serving (5g) with 4-6oz of your favorite beverage. For optimal results take one serving before training, after training, and before bed.

CONSULT YOUR HEALTHCARE PROFESSIONAL PRIOR TO USE IF YOU HAVE OR SUSPECT A MEDICAL CONDITION, ARE TAKING PRESCRIPTION DRUGS, OR ARE PREGNANT OR LACTATING.

Ajinomoto amino acids are between 99% and 100% pure. No one else comes close. The impurities in other brands can be as much as six times higher. It all adds up to this: choose AjiPure®(1) and you're choosing safety, quality, purity.

Manufactured for
and Distributed by
InnerArmour®
Sports Nutrition
83 White Oak Dr.
Berlin, CT 06037
(860) 656-7720

Protect from heat, light and moisture.

Do not purchase if seal is broken.

Keep out of reach of children.

Store at 15-30°C (59-86°F).

Manufactured in
an **EU & GMP**
certified facility.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

www.innerarmour.com