

Vitamin E and selenium are natural antioxidants that work together to provide superior cellular protection. Research shows that natural vitamin E is more bioavailable to the body than synthetic sources. Our **Vitamin E with Selenium** contains all natural, unesterified d-alpha tocopherol in a base of mixed tocopherols, including d-beta, d-gamma, and d-delta. Organic selenium works synergistically with vitamin E to protect cell membranes. Lecithin is added to the formula to provide a natural source of phosphatidylcholine, phosphatidylinositol, and phosphatidylethano-lamine. Lecithin also helps to emulsify vitamin E, making it easier to digest. This product contains natural ingredients, which may result in color variation from batch to batch.[†]

**WE GUARANTEE OUR SUPPLEMENTS
FOR POTENCY AND PURITY**

To report a serious adverse event, call 1-888-710-0006

[†] These statements have not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure, or prevent any disease.

VITAMIN E
400 IU
with Selenium

Provides Antioxidant Activity[†]

Dietary Supplement
60 PERLECAPS



Supplement Facts

Serving Size 2 Perlecaps

Servings Per Container 30

Amount Per Serving

% Daily Value

Calories

30

Calories from fat

25

Total Fat

3 g

5%**

Vitamin E (as d-alpha-tocopherol)

400 IU

1333%

Selenium (as yeast-free L-selenomethionine)

100 mcg

143%

Lecithin (from soy)

1600 mg

* Daily Value not established.

** Percent Daily Value based on a 2,000-calorie diet.

Other Ingredients: Perlecaps (gelatin, glycerin), soy oil and yellow beeswax.

SUGGESTED USE: Take 2 perlecaps daily with meals or a glass of water.

CONTAINS NO artificial colors, flavors or preservatives; no wheat, gluten, milk, eggs, peanuts, tree nuts, crustacean shellfish or fish.

Most soy allergies are actually allergies to soy protein. Our vitamin E is derived from soybean oil that does not contain soy protein.

Perlecap Size: 22 oblong. **Store in a cool, dry place.**

KEEP OUT OF REACH OF CHILDREN.

VL 125-606