

**SUGGESTED USAGE:** Add 1 level scoop daily to 8 oz. of cold water, milk, or your favorite juice, and blend.

NOW® Whey Protein is a delicious blend of three of the highest quality whey protein concentrates and isolates from around the world: Microfiltered, Ultrafiltered and Enzymatically Hydrolyzed (partially predigested). This blend of specially processed whey proteins is designed to maximize amino acid absorption and Biological Value (BV). In addition, extra L-Glutamine has been added (830 mg per serving) to this blend.

Whey protein is considered to have the highest Biological Value of any protein source – superior in essential amino acid content to beef, milk, casein or soy.

Not manufactured with wheat, gluten, egg, fish, shellfish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

This product is sold by weight not volume.

Store in a cool, dry, dark place after opening. Please Recycle.

**NOTICE:** Use this product as a food supplement only. Do not use for weight reduction.

Contains Xylitol, do not feed to pets.

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EUA # 3007664609  
CODE 2173C V9



# PREMIUM Whey Protein Natural Vanilla

**No Artificial Ingredients**  
**Enhanced Formula with Higher Isolate Content**  
**Microfiltered • Ultrafiltered**  
**Branched Chain Amino Acids**  
**Added Glutamine**  
**Net Wt. 1.2 lbs. (544 g)**



## Nutrition Facts

Serving Size 1 Level Scoop (approx. 43 g)  
Servings Per Container about 13

### Amount Per Serving

Calories 160      Calories from Fat 10

### % Daily Value\*

Total Fat 1 g      2%

Saturated Fat 0.5 g      3%

Trans Fat 0 g

Cholesterol 60 mg      20%

Sodium 105 mg      4%

Potassium 190 mg      5%

Total Carbohydrate 5 g      2%

Dietary Fiber 2 g      8%

Sugars 1 g

Xylitol < 1 g

Protein 30 g      60%

Vitamin A 0%      Vitamin C 0%

Calcium 15%      Iron 2%

\* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	2,000 Calories	2,500 Calories
Total Fat	Less than 65g	80g
Sat. Fat	Less than 20g	25g
Cholesterol	Less than 300mg	300mg
Sodium	Less than 2,400mg	2,400mg
Potassium	Less than 3,500mg	3,500mg
Total Carbohydrate	300g	375g
Dietary Fiber	25g	30g
Protein	50g	65g

Calories per gram:  
Fat 9 • Carbohydrate 4 • Protein 4

## Typical Amino Acid Profile (example) (per serving)\*\*

Essential      mg Per  
Amino Acids      43 g Serving

L-Histidine      450

L-Isoleucine\*\*\*      1712

L-Leucine\*\*\*      3120

L-Lysine      2600

L-Methionine      734

L-Phenylalanine      885

L-Threonine      1914

L-Tryptophan      455

L-Valine\*\*      1529

### Non-Essential Amino Acids

L-Alanine      1442

L-Arginine      762

L-Aspartic Acid      2969

L-Cysteine      629

L-Glutamic Acid      5400

L-Glutamine      830

Glycine      497

L-Proline      1725

L-Serine      1389

L-Tyrosine      875

\*\* subject to natural variability

Ingredients: Whey Protein Blend [Microfiltered Whey Protein Isolate (including  $\beta$ -lactoglobulin,  $\alpha$ -lactalbumin, Immunoglobulins and Glycomacro Peptides), Ultrafiltered Whey Protein Concentrate (including  $\beta$ -lactoglobulin,  $\alpha$ -lactalbumin, Immunoglobulins and Serum Albumin) and Enzymatically Hydrolyzed Whey Protein Concentrate], Natural Vanilla Flavor, Free-Form L-Glutamine, Xanthan Gum, Xylitol and BetterStevia™ [Organic Stevia Extract (Leaf)].      Contains milk and soy.

\*\*\*Branched Chain Amino Acids