

Supplement Facts

Serving Size 31.83 g (1 scoop)
Servings Per Container 30

Amount Per Serving	%DV**
Calories	100
Calories from Fat	5
Total Fat	0.5 g 1%**
Total Carbohydrate	2 g 1%**
Dietary Fiber	1 g 4%**
Protein	20 g 40%
Calcium	110 mg 11%
Iron	1 mg 6%
Sodium	95 mg 4%

**Percent Daily Values (DV) are based on a 2,000 calorie diet. †Daily Value (DV) not established.

Ingredients: Protein-Recovery Blend [Iso-Hydro Protein Blend (Whey Protein Isolate, Whey Protein Hydrolysate), Amino Recovery Blend (Glutamine, Instantized Leucine, Instantized Isoleucine, Instantized Valine)], Gelatin, Cocoa (*Theobroma cacao*) Bean Powder, Natural Flavors, Sunflower Creamer [High Oleic Sunflower Oil, Sodium Caseinate, Mono and Diglycerides, Dipotassium Phosphate, Soy Lecithin, Sodium Silicoaluminate, Mixed Tocopherols], Silicon Dioxide, Xanthan Gum, Calcium Silicate, Carboxymethylcellulose, Salt, Sucralose, Acesulfame Potassium, Chia (*Salvia hispanica*) Seed Powder, Stevia *rebaudiana* Leaf Extract

Contains milk and soy products. This product was produced in a facility that may also process ingredients containing, eggs, fish, shellfish, tree nuts, peanuts and wheat.

Amino Acids (Approx. Values Per Serving)

L-Glutamine Δ	5.52 g
Instantized BCAAs	
L-Leucine	2.51 g
L-Isoleucine	1.25 g
L-Valine	1.25 g
L-Tryptophan	0.19 g
L-Lysine	1.36 g
L-Threonine	1.02 g
L-Phenylalanine	0.54 g
L-Methionine	0.41 g
L-Histidine	0.28 g
L-Tyrosine	0.39 g
L-Arginine	1.10 g
L-Glycine	2.95 g
L-Aspartic Acid	1.88 g
L-Alanine	1.57 g
L-Proline	2.19 g
L-Cystine	0.27 g
L-Serine	0.89 g

Δ Denotes naturally occurring and added free form amino acid.

FITLIFE BRANDS

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Premium Whey Protein Isolate/Hydrolysate*

ISOLATE[®] PROTEIN

Performance* | Muscle* | Recovery*



**PURE PROTEIN
GUARANTEE**



Formulated with
Instantized BCAAs

20g
Protein

5.5g
Glutamine

5g
Instantized BCAAs

100
Calories

Per Serving

Dietary Supplement
Net Wt. 2.1 lbs. (954 g)

Decadent Chocolate

Natural Flavors

Performance*

Siren Labs' **ISOLATE PROTEIN** is a precise ratio and superior blend of instantized whey protein isolate, whey protein hydrolysate, L-glutamine and instantized BCAAs, resulting in a premium source of protein for maximum performance.*

PURE PROTEIN GUARANTEE: Siren Labs' **ISOLATE PROTEIN** is formulated with only pure sources of protein and no amino spiking.

BIOAVAILABILITY: The protein sources found in this product rank among the highest on the biological value scale.

Muscle*

Amino acids are the fundamental building blocks of muscular development. Although your body needs fat and carbohydrates to function, you simply cannot build muscle without protein. Intense physical activity causes micro tears within the muscle and depletes internal protein stores. Supplementation helps to replenish these stores allowing for muscle repair and growth.*

Recovery*

Siren Labs' **ISOLATE PROTEIN** is enhanced with added glutamine and added instantized BCAAs, offering you a delicious tasting protein to support muscle repair and faster recovery.*

SUGGESTED USE: Once per day as a dietary supplement, consume 1–2 scoops of Siren Labs' **ISOLATE PROTEIN** in 8–16 oz. of cold water within 30 minutes of your workout to maximize recovery and facilitate muscle tissue growth.* **FOR INCREASED RESULTS,** take twice a day, pre- and post-workout.

NOTE: Formulated with instantized protein, Siren Labs' **ISOLATE PROTEIN** is designed to mix easily with minimal foaming and does not require the use of a blender to dissolve in liquids. If extra thickness is desired, add a handful of ice cubes and blend. Due to settling, a natural occurrence with powders, variations in the powder height level may vary from bottle to bottle. Additionally, powder density may be affected as a result of the settling which may cause slight variations in the scoop serving size. *To be used as part of a physical conditioning program.*

WARNING: If you are pregnant, nursing or taking medications, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

NO Soy Protein **NO Aspartame** **NO Gluten** **NO Yeast** **NO Preservatives** **NO Artificial Colors**